

town crier



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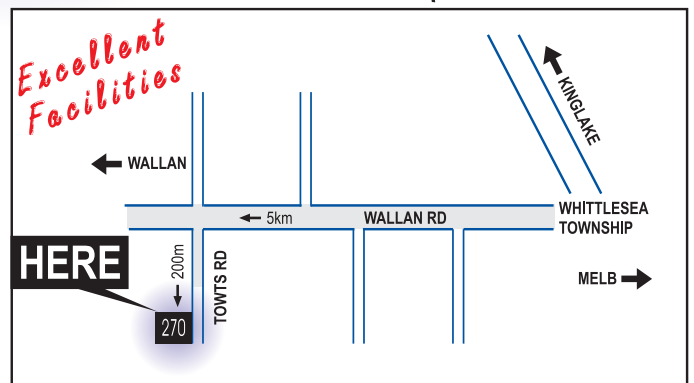


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DISTRIBUTION - 3,100 plus

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ADVERTISEMENTS

Please Note:- Cancellation of advertisements must be received in writing before booking deadline.

ALL NEW ADVERTISING & ALTERATIONS ARE REQUIRED IN WRITING BY 15th OF THE MONTH

ADVERTISING RATES per month (Including GST)

Table with advertising rates: Trade Space (5cm H x 6cm W) \$50, 1/8 page \$95, 1/4 Page \$135, 1/3 Page \$175, 1/2 Page \$245, Full Page \$450, Colour Back Page \$800, Inside Back or Inside Front Page \$660, 1/2 \$360, 1/4 \$190. Includes costs for compiling and altering ads.

Other requirements by negotiation.

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PAYMENT FOR ALL ADVERTISING IS NOW REQUIRED BY THE 15th OF THE PREVIOUS MONTH

CLASSIFIED RATES: \$15 per advert for 3 months (inc. GST) If more than one item, you may need to pay for multiple ads

BUSINESS CLASSIFIEDS: \$25 per month for 4 lines and \$6 for each additional line (incl. GST)

Ask Karen about special rates for longer term advertising

Deadline for all advertisements, copy, or alterations to existing entries is no later than 15th of previous month

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Letters to the editor are always welcome, but will only be considered for publication with authentic names and addressed available for publication. All advertising copy is the responsibility of the advertiser, NOT the Editor.

Contact details must be supplied with all items submitted to the Town Crier.

Front Cover photo: Riverside Park in Murchison, Victoria

Photo Supplied by: Betty Harvey

FROM THE EDITOR'S DESK

Middle month of winter, no long weekends this month for us, but that is still no reason why some are not able to get away from the cold here. If you are one of the lucky ones, enjoy the break and come home safely.

More info from: https://www.stayatbase.com/australia/amazing-places-in-australia//

Lake Eyre - Did you know that there is a gigantic salt lake located in the middle of Australia's South Australian Outback? Lake Eyre is 9500 square kilometres and when filled, is the largest lake in Australia.

Glass House Mountains - If you are planning on driving parts or all of the East Coast, you will find so many amazing walking trails and national parks in the Sunshine Coast hinterland. One of our favourite getaways is the Glass House Mountains

Lizard Island is referred to as Dyiigurra by the Dingaal people - the original aboriginal inhabitants of the island. It was once used as a place for male initiations into the tribe and today. Located north of Cairns and closer to Cooktown, today it is covered in national park and serves as a popular fishing destination

Lancelin Sand Dunes - are a popular sand boarding destination located north of Perth. The towering dunes are gigantic and the crystal white sands glisten in the sun - a must see if visiting the West Coast!

Regards, Betty



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Saturday 9am to 1pm

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CHICAGO THE MUSICAL AT SMC

St Monica’s College, Epping - presented Chicago, High School Edition at the Plenty Ranges Arts and Convention Centre.



Chicago, originally published in 1975, is a musical comedy based in the roaring twenties era. This version has been especially adapted for school performances.

The annual production is a major event for the College. More than 60 students are involved in the production representing all year levels. Students can be involved in a variety of ways including as cast members, dancers, musicians, choristers and back stage crew.

The cast rehearsed over several months, much in their own time, with the production staged in June. Students have the opportunity to develop their skills and display their talents, supported by our experienced, talented teaching staff.

After a special performance for local primary school students the performances are available to the general public.



**THE TIPPERARY
JERICHO SPELL**



As good as his word, the very next day little Pat called a meeting of all the animals and birds living on the route of the bypass road, there were kangaroos, wallabies, echidnas, possums, magpies, parrots, cockatoos, corellas, black cockatoos, lyrebirds, mopoke owls, blue tongued lizards, frog mouth owls, and even koalas from hanging rock and old pobblebonk frog as well. Dozens of kookaburras came, wombats came and so did Andy Antichinus and wife, Amy, a dingo came from somewhere outback too. Of course, Pat as the chairman stood on a tree stump so everyone could see him.

'Dear Friends,' said Pat in Kangaroo, 'Tomorrow at dawn I want you all to shout, sing, growl, squawk, croak, bonk, warble, squeak, scream, bark or grunt making as much noise as you can. We stop when the sun is fully up above the horizon. This is the famous Jericho Tipperary spell, very powerful spell to stop the road.'

'I can't do any of those things,' said Wally Wallaby.

'Wally, you can jump around and whack your tail on a hollow log for a drum.'

'Good idea, Pat, I can do that.'

So it was agreed at the following dawn old Joe the only human living in the bypass road route woke with a shock to hear all the birds and animals making a great hullabaloo. He went outside his hut, rubbed his eyes and gazed in amazement, nothing had ever been heard anything like that around Dong-one before.

There was a survey crew for the new road starting work just as the noise started, the men stopped to listen, 'Isn't that wonderful, being out early and hearing such a dawn chorus,' said the main man, 'it's really beautiful.'

As the sun rose above the hills, everything went quiet. What happened to the spell? Everyone was asking. A dingo said, 'I knew it, I knew it, I knew it all along, that leprechaun has no magic, he's just a great little fake.'

Nothing happened at all. But spells can work in different ways and different to what even leprechauns expect.

THE MELBOURNE M.P.'s

That very day of the spell an election was held in Melbourne. A new government was elected, and when a new government comes in they always find that the previous government did everything wrong, planned wrong, spent money wrong, left the new government with a huge debt to pay off. Fortunately during the election the new governments are always going to put things right. One of the

first things they found wrong was the Dong-one bypass. It had cost money and no road had been built, they found the route of the bypass was wrong. In fact nothing was right and the whole project had to be scrapped. So the planned road was abandoned and the animals now enjoy the peace and quiet of a wonderful country.

I don't know if the Jericho Tipperary Spell had anything to do with the road being cancelled, but Hidden Valley is still hidden. The local paper correspondent asked the new roads minister in the new government, 'Is there any plan to build a new bypass road past Dong-one and through the beautiful hidden valley?'

The minister looked at the man and said, 'We are not making the same mistakes as the previous government, the bypass road will not be built, the whole idea can go to Jericho as far as I am concerned.' I wonder if Little Pat's Irish spell maybe did work after all. **The End.**

**THE NEW JOEY IN
HIDDEN VALLEY**

Little Pat was having his breakfast, in the smallest house, in Hidden Valley Wallan. Leprechauns, only need a very little house, they are only little folk. Pat enjoys breakfast not only for the bacon and eggs and toast that he loves. He always looks forward to having his first cup of Bushells Black tea and then his morning cuddle, from Sally.

'Top o the mornin, Sally top o the mornin'.

'Pat, the sun is shinin and oi have sum wonderful happy news this mornin'.

'Tank goodness for dat wit virus chasin' virus and Russian fighting good news is in short supply, Sally. What is the good news?'

'You know Jill Kangaroo?'

'Corse aye do, she tinks oy am an Irish gentleman she does.'

'Pat, the poor lass doesn't know you at all at all, for sure, for sure.'

'Pat, Jill Kangaroo had a new baby joey. Two weeks ago.'

'Sally, luv somebody is telling you a fib. Tats not right. I just saw Jill on last Monday and she had no joey wit her. No, just herself only. No baby Joey.'

'Pat darling, she was carrying it, she had her new joey wit her, you just couldn't see it.'

'Sally I was right wit her, no baby Joey, she was not carrying onythin'.

'Pat, you know Wendy the kangaroo post woman has a pouch to carry the A mail' (animal mail)?

'Yes, I know dat for sure.'

'Pat, Jill has a pouch to carry Joey. Like a Scotchman has a pouch on his sporran to carry his whisky for a frosty night.'

'Dats amazin, will Jill let us see the

new Joey, Sally?'

'Dats private women's business she will all in good time when Joey is strong. Don't ask her and upset her as she is a new mother and they can get upset. That's Post romantic stress, ladies some times get.'

'Oi wud nivver upset any mum you know dat but Oi am upset meself now I could do wit one of your warm cuddles, Sally.'

There is no doubt little Pat is tricky. But he got his extra warm cuddle the little schemer.

Pat said, 'It must be magic, Jill leaps around all day and has a little joey in her pouch. Not a sign of a living Joey.'

With Jill jumping around the fields all day it's like Elvis Presley 'All shook up' for the little Joey.

'Tats magic, Sally, Australian Magic.'

'Little Pat, its not magic, kangaroos are different to us humans little people.

Kangaroos are made to live in this hard climate with snakes and spiders and dingos, they have developed this pouch to protect their very young until the joey is able to care for himself.'

'Sally, will dat be when will little Joey, show up?'

'It will be more weeks than days before he's jumping into the world day for Joey.'

'Dats too long to wait, Sally far too long but oi have to see this Joey.'

'How about a cup of Bushells tea and a cuddle while we wait?'

Jill is just as active, as any of the other Kangaroos and jumps low fences to get to the greenest, sweetest grass. Little Pat saw she had a bit more weight now. But she was eating all the day. So Jill was just another happy Kangaroo.

Sally coming home from the Wallan shops when she met Jill Kangaroo, 'Top o the mornin to you, Jill, it's a fine mornin too.'

'Hi Sally, I have to tell you tomorrow is Joey Day.'

'Joey Day?'

'Yes, as the sunrises over Upper Plenty Little Joey is coming out to the world on the Hidden Valley golf course. Tell the little Irish gentleman.'

'Gentleman? You mean Little Pat?'

'Yes, he always shouts 'Top O the mornin, Jill' to me.'

'Jill, I'll tell Pat but he isn't always a gent, believe you me.'

'Little Pat can be a little rascal at times when he sips that whisky but most times he's near normal for a leprechaun, I'll tell him.'

Sally also told Wendy Wallaby who told the White cockatoos and then every one in the Valley knew. A new Joey was jumping out of Jill's pouch next morning for the first time ever. As the sun rose and flooded the Hidden Valley golf course with first rays of warming sun, magpies started

whistling from the wooden fence, crows started crowing wark, wark, Willy Wombat on his way home, from night hunting for potatoes in the fields wonders, 'What's all the fuss?' Kangaroos, wallabies, ring tail possums, they were all there all there and excited. Jill kangaroo was the centre of attention, she stood on a flat bit to grass, everyone watched intently as a little head appeared on the lip of Jill's pouch. Everyone was silent watching the little Joey emerge. He half climbed out and half fell out, onto the sunlit patch of grass.

He looked so small a bundle of mixed up arms and legs but he managed a struggled, staggering stand then did a few very small hops. At that moment the dingo from Mt Buller, howled frightening him and he turned and went, head first very quickly back into the pouch and safety. The mother kangaroo just had time to clean the pouch, with her hands and her head before the pouch was fully filled again.

'Dat is a great new Joey, Jill', said Sally.

Then little Pat said, 'Begora it is for sure, for sure and you, kept secret for so long, who is the father?'

Sally said, 'Pat, Pat. Dat is woman's business, notin' to do with little men to worry their brain about?'

'Sally Oi was only askin how about a cuddle before we go home.'

'Pat, no cuddle for you, me lad.'

Ladies take a lot of understanding sometimes and sometimes a lot of the time. In time the new Joey grew to be a strong Kangaroo. Still used the mothers pouch for milk food, comfort and safety. But he was now a tight fit for the pouch opening, just managing to get in.

Sally was in a field in Hidden Valley when she met Jill, 'Top O the mornin to you Jill.'

'Thanks Sally, but its a sad and happy morning for me and Joey this morning.'

'Jill, how can it be happy and sad, at the same time?'

'Sally, Joey has to leave my pouch to find his own way in this hard world. I love Joey, but he has to leave the pouch and me.'

'Dats, reely reely sad, so sad.'

Yes, but I am also happy, Sally.'

'Now I have to sort things out and get my pouch ready. Spik and span.'

'Why does that make you happy, when you are losing Joey?'

'Don't tell Little Pat, cos its woman's business, Sally I am having a new Joey in my pouch. Isn't that wonderful?'

'It is marvellous news Jill, wonderful news a new Joey hidden in hidden valley.'

There was no mention of the father, no mention at all of who he is.

But, as Mark Twain said, 'It is a case of mind over matter. If they don't mind, it doesn't matter.'

THE B-52

By Denys Potts

INTRODUCTION:

In April and December 1972 two aerial bombardment operations, Linebacker 1 and Linebacker 2 had a significant effect on the Vietnam War and in effect Linebacker 2 was the operation that led to the end of hostilities.

The B-52 bomber was the principal 'weapon' used and before going into more specific detail about the operations it is necessary to make the reader aware of its capability and the skill and courage of the aircrew.

The B-52

The B-52, also called the Stratofortress, is a long-range heavy bomber, designed by the United States Boeing Company in 1948. It first flew in 1952 and entered military service with the United States Air Force (USAF) in 1955. Although originally designed as an atomic-bomb carrier, capable of reaching the Soviet Union, it has proved adaptable to a number of missions and many remain in service to this day.

The aircraft has a wing span of 56 metres and is 49 metres long. It is powered by eight jet engines mounted under the wings in four pods. It has a maximum speed of Mach 0.9 (595 mph / 960 km/h) at 17,000 metres (55,000 feet) and an unrefuelled range of 14,000 km (8,800 miles).

Empty, the plane weighs 185,000 kg and it has a maximum take-off weight of 488,000 kg with a maximum fuel capacity of 182,000 litres.

Bomb load of those involved in the Vietnam War consisted of either 42 x 750 lb and 84 x 500 lb 'Iron' bombs in the bomb bay plus 24 x 750 lb bombs on wing pylons.

The crew consisted initially of six airmen, Commander, (first pilot), Second Pilot, Radar Navigator, Navigator, Electronics Warfare Officer and Gunner. The gunner was the only non-commissioned member of the crew and the position was later abolished during the Desert Storm conflict. Armament for the tail guns was, initially, four .50 calibre rapid fire machine guns but they were replaced by a single rotary 20mm cannon.

Each crew member has two options to 'vacate' the aircraft in the event of danger. Both escape hatches and ejection seats are available, the radar navigator and navigator leaving downwards and the command pilot, second pilot, EWO and gunner (when included) leaving upwards.

History:

Total production, including test prototypes was 744 over 13 variants of which the D, E G and H models were the most prolific. The C through F versions had their range extended by larger fuel capacity and were fitted with in-flight refuelling equipment. This allowed them to carry extra conventional bombs in their bomb-bay and on pylons under their wings.

Beginning in 1965, D and F models were flying from bases in Guam, Okinawa and Thailand.

The range of model variations means that all differ in one respect or the other, but, essentially all operational aircraft are similar.

A mission from Guam is a 17-hour stress-event. First there is the initial briefing then 12 hours flying, always being aware of the missile threat. On return, after two in-flight refuellings, there is the final mission brief.

Updates:

Over the next seven years, if everything goes to plan, the USAF should have what looks like a new bomber. Rolls-Royce F130 will replace the original 1960-vintage TF33s. The oldest parts of any B52 are the basic metal structures inside the airframe and these have been shown to be in excellent condition.

Everything else has been replaced at least once. Every four years the paint is stripped, panels removed and every component either repaired or replaced.

The most fragile element of a B-52 is the upper wing skin and the CO of a Bombardment Wing said 'My aircraft have been re-winged, re-skinned and re-tailed.' In 2011, the USAF paid Boeing \$12 billion to re-wire all the aircraft and add 16 datalinks to the cockpit displays.

At a cost of \$15 billion, the bombers could remain in service through the 2050s.

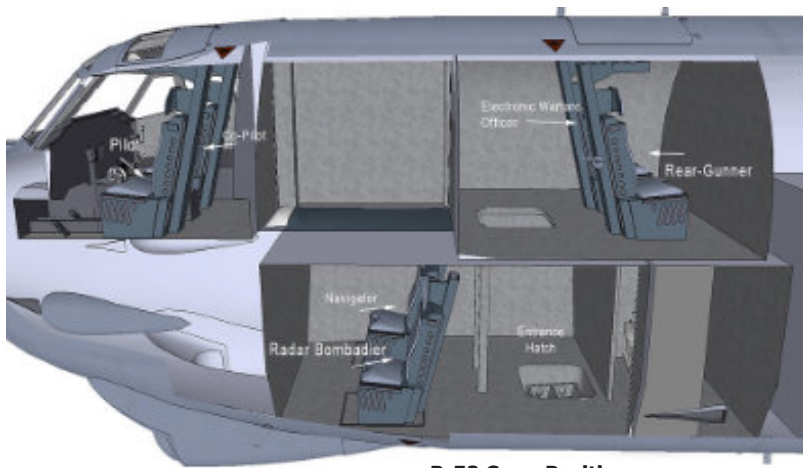
Follow-up articles will describe a Linebacker 2 mission.



B-52 Bomb load



B-52 Flight Deck, Can you find the clock?



B-52 Crew Positions



B-52's Guam

FAMILY CORNER

PLEASE NOTE: It is a requirement of the law that anyone submitting articles, notices etc.. for publication must have the writers contact details attached, but not necessarily for publication. Anything received without these details will not be included.

BIRTHDAY WISHES

1/7/2022 - Neville Tranter
2/7/2022 - Greg Harvey
5/7/2022 - Jeff Andrews
31/7/2022 - Elsie Brown

BIRTHDAYS



NEVILLE TRANTER - 1/7/2022
Happy birthday, Nev, we wish you a very happy day. Love from Rusty, Jeff & Tammie, Jack & Kerry, and the rest of your family and friends.

GREG HARVEY - 2/7/2022
Happy birthday, Greg, I hope you have a very happy day filled with lots of love and happiness. Love from Mum, Jeff and Tammie xxxxxxxxxx

JEFF ANDREWS - 5/7/2022
Happy birthday, Jeff, I hope you have a great day, filled with all the good things you want in your life. Love from Mum xxxx

ELSIE BROWN - 31/7/2022
Happy birthday, Auntie Elsie, I hope you have a lovely day. Love from Betty xxxxx

NANNAS HOME BASICS GROUP

Have you seen the Nannas Home Basics group on Facebook? We are a community of people of all ages from across Australia who love to share craft, baking, gardening, tips, recipes and conversation on almost any subject. Everyone is welcome to join - you don't have to be a Nanna to be a 'Nanna'. There is no joining fee. Local Nannas meet twice a week for craft, cuppa and chat, Tuesday's 10.30-12.30 at Billy's Junction in Mernda and Thursday's 10.30-12.30 at Slices in Doreen. Many of our members knit and crochet for various charities, we have monthly lunches and occasional day trips, a book club and sometimes guest speakers at our craft and chat mornings. There is also a Nannas Homemade Wares Facebook page where crafts people can sell their handmade items, also a Nannas Makers Market that is currently run online each month.

For more information please ring

Julie 0408 311 212 or
Terri 0448 273 040



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Workcover & Private Health Fund Approved

SCHOOLYARD GAMES

When I was a lad a few years ago when we left our school lessons to play
We had different ways of amusing ourselves from what the young do today
The girls had skipping games, hopscotch and bouncing balls on walls
The little lasses had dolls, golliwogs and teddy bear or a dog that crawls
The boys played soccer, with a tennis ball two teams in the schoolyard
We took off our jackets to make for goal posts and played each game hard
When we were without a tennis ball we played kick the baked bean can
One lad kicked the empty can away while the rest of the lads ran and hid
When we played chasey catch me if you can girls there as well
Those fit country lasses could out run me that is easy to tell
We all enjoyed playing leapfrog until a bonny lass came a painful cropper
Then the boy and girl leapfrog game was banned by the local copper
Every game we played was played by all the school without any cost
It was a tragedy for all of us if a ball burst or a skipping rope was lost
In summer we played a game like cricket that game is tip it and run
If the ball tips the bat you have to run lots of excitement and lots of fun
Time changes moves ever on and on things change become new so fast
I know, I am behind on modern things just an old relic from the recent past
Now the young folk get great enjoyment from their hand held wonder phone
They talk to the whole world are always in range, they need never be alone
While these phone are wonderful and contacting the world is very Cool
My best friend and memories are those I got from days at school
Our Modern digital technology can tell us and teach us all so very much
But for a full happy useful life here on earth we all need the human touch

Matt Dickinson

OUR POET'S CORNER



ACROSS THE GREAT DIVIDE

When I lay and dream of those years past
Of those mountain ranges vast and wide
Where we roamed together in olden times
Across the Great Divide

Mount Disappointment's timbered forests

The granite ridges of the Tallarooks
Kinglake's tree fern and Lyrebird valleys
It's mountain streams and shaded nooks

From Murrindindi's pristine river cascades

To the rolling hills of Yea

The Ash scented air of Mount despair
Along the Black spur to the Acheron Way

Mount Bogong and the Baw Baws

And Walhalla in the days of old

Where miners in their numbers came

To the hills in the search for gold

Old Mount Hotham's Alpine meadows

Where pioneer stockman used to ride

Droving white faced mountain cattle

Across the Great Divide

From Omeo town and Benambra

To a little place called 'W' Tree

To the fertile Buchan Valley

Below Black Mountain and Galantipy

The wooded hills of Gippsland East

Where the scenic rivers flow

Mitchell, Nicholson and the Avon

The wild Snowy and Tambo

We may have wandered far and wide

And you will opine my dream was strange

But its time to seek new pastures now

In the Meadows 'oer' the range

So gather up the reins old man

And together we will ride

Into the everlasting dream time

Across the Great Divide

Bill Shimleck

DATES TO REMEMBER 2022

Fathers Day - Sunday 4th September

Melbourne Cup - Tues. 1st November

Christmas Day holiday

Monday 26th December

Boxing Day holiday

Tuesday 27th December

WHITTLESEA SENIOR CITIZENS Inc.

P.O. BOX 50, WHITTLESEA
Community Activity Centre
57-61 Laurel Street, Whittlesea

New members are most welcome. We meet at the Community Hall, Library, Laurel Street, Whittlesea 12.30 - 3.30pm

JULY DATES

6th 1pm General meeting, afternoon tea, & committee meeting

13th 1pm Christmas in July, Club birthday, JBL catering, 2 course spit roast, sweets. Member Cost \$15

20th 1pm Bingo, afternoon tea

27th 1pm Trivia, afternoon tea

President: John Peachy,
9347 6235, 0433 160 016

Vice President: Bill Beasy,
9716 2291, 0408 997 841

MINISTER OFFICIALLY OPENS TWO NEW COMMUNITY SPORTS FACILITIES

The Minister for Local Government and Suburban Development Shaun Leane visited Nillumbik to officially open not one, but two new local sports and community facilities.

The Minister was joined by Yan Yean MP Danielle Green, Nillumbik Mayor Frances Eyre, Deputy Mayor Ben Ramcharan and Councillors Richard Stockman and Natalie Duffy for the openings of the upgraded Hurstbridge Community Multi-Use Facility and Greensborough Hockey Pavilion in separate events.

The Hurstbridge Community Multi-Use Facility, home to the Hurstbridge Football and Netball Club and Hurstbridge Cricket Club, has undergone a \$1.7 million extension and upgrade that was completed in February.

The \$2.57 million Greensborough Hockey Club Pavilion in Plenty, home to the Greensborough Hockey Club, was completed in 2021, however COVID-19 restrictions had prevented opening celebrations until now.

Both facility upgrades include change rooms and amenities for both men and women, boys and girls, umpires and expanded social rooms.

Nillumbik Mayor Councillor Frances Eyre said it was an exciting day for local sporting associations and the broader Nillumbik community.

'I would like to thank the Minister and the Victorian Government for the generous funding support for these projects through the Growing Suburbs Fund in particular,' Cr Eyre said, 'I would also like to thank Yan Yean MP Danielle Green for her tireless advocacy. This highlights why close collaboration with other levels of Government and our community groups and organisations is so important in order for us to deliver state-of-the-art facilities for our community. Wonderful facilities like these are vital to encourage adults, young people and children back to sport and physical activity following the disruption of the past two years.'

Bunjil Ward Councillor Karen Egan said the upgraded Hurstbridge facility was just the beginning of the revitalisation of the Graysharps Road Open Space Precinct.

'With the Diamond Creek Trail extension now finished and the implementation of the precinct plan to start soon, this is going to be a fabulous recreational area for locals and visitors alike,' Cr Egan said.

Blue Lake Ward Councillor Richard Stockman said the new Greensborough Hockey Pavilion would provide the club the facilities befitting its position as one of leaders in the state.

'The new facility will boost the club in its efforts to grow participation and membership as well as enable it to host an increased amount of regional and state level competition,' Cr Stockman said.

The Hurstbridge Community Multi-Use Facility was jointly funded by Council (\$850,00) and the Victorian Government through the Growing Suburbs Fund (\$705,000) and Sport and Recreation Victoria (\$150,000). The Greensborough Hockey Pavilion Redevelopment was funded with \$2.14 million from the Victorian Government's Growing Suburbs Fund, \$361,000 from Council and \$90,000 from the Greensborough Hockey Club.



Minister Shaun Leane, Yan Yean MP Danielle Green, Mayor Frances Eyre, Deputy Mayor Ben Ramcharan, Cr Richard Stockman, Cr Natalie Duffy, Labor Candidate for Yan Yean Lauren Kathage, Greensborough Hockey Club President Greg Purser, club members, supporters and players at the official opening of the Greensborough Hockey Club Pavilion



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CHURCHES WITHOUT VILLAGES

By Matt Dickinson

The Ballarat area is one of my favourite parts in Australia, I came across an old church, such as the one at Blampied. A beautiful big bluestone church standing in a prominent position on the brow of the hill with trees behind it, but there is no village with the church, not a house to be seen anywhere near it. Usually a church is the central building in a village. What happened years ago to leave a church on its own?

In this case this was an alluvial gold mining area, with a big population of miner and families digging for this gold, those miners built this great church. When the gold ran out the many families moved on to try their luck elsewhere. All that stayed is the big bluestone church and the little Pub a short distance away. In the Ballarat area, there are other churches, all with similar stories to tell.

Contrast that with the little Presbyterian Church in Whittlesea. Built for an 1863 population. Now at a recent funeral this little church was packed from front to back with mourners. Also another 100 plus people standing in the hot sun alongside the church. Whittlesea has grown so much in very recent years. These little chapels and churches hold the history of the area. Financed and built by local people. For example, Wandong Catholic church is made with bricks made from local clay cast in Wandong, and made from and sawdust from the sawmills there, Terracotta bricks.

The Whittlesea Presbyterian church is made of locally made and fired bricks. According to a book by Miss E M Duffy the bricks for the Mechanics Institute were made by F Beckinsale and E Londergan for 22 shillings per thousand and were made behind a bakehouse in Forest Street, Whittlesea in 1884. The Mechanics Institute is now 'New Horizons' a religious group. Remarkable men, those brick makers.

A few years ago I had a trip to England and during that time, I visited Salisbury and Winchester Cathedrals. They are wonderful buildings, I marveled at the stonework and how these great high buildings stand up. They seem so fragile, walls so thin and tall and full of huge windows and high spires. I enjoyed seeing them, as they are very impressive buildings. But I was far more affected when I saw two much smaller churches in the North of England.

We went north to the Scottish border in Northumberland. I talked to my brother about the cathedrals and he said he would take me to see a church with a difference. We drove along rough stone wall lined narrow roads then turned into this hawthorn hedged road. He stopped the car beside this old little church surrounded by a small graveyard and a very old Yew tree

continued on page 11

LAMINGTON DAY By Glen Davis

How many of us know of Lamington Day? How many of us know when it is? A lamington is essentially a sponge cake, dipped in chocolate sauce, then covered with coconut shards. Apparently, the Lamington is named after Lord Lamington, Governor of Queensland from 1896 -1901. There are a few stories as to how the name was given to the cake. One story about its origins is that a servant of Lord Lamington dropped a sponge cake into a bowl of melted chocolate. In response Lord Lamington recommended the sponge be cut into small pieces, then dipped in coconut shards to enhance their appearance/flavour.

Another version has the cook dropping a block of sponge cake into the melted chocolate, then adding the shredded coconut to enhance the cakes appearance. It seems Lord Lamington had some misgivings about the cakes apparently describing them as 'those bloody, poofy, woolly biscuits.'

There are subsequent stories of an 1896 Lamington function being held in Laidley Queensland where

Lamington cakes, also Lamington teas, & soups were partaken in. Such is Queensland claim to the Lamington in 2009 it was announced as a Queensland icon as one of the Q150 cultural icons celebrating Queensland's 150th birthday

Of course, there's a tale Lamingtons are not an Australian creation, rather their origins are from across the ditch in Aotearoa. An 1888 painting, the 'Summer Pantry' shows what looks like a partially eaten lamington a top a table in Wellington.

Now we're aware Lord Lamington spent time across the ditch prior to moving to Queensland. He was certainly in Aotearoa during 1895 a full seven years after the painting. What we call the Lamington was possibly then called the Wellington, a double sponge dessert sprinkled with flakes of coconut for the Wellington to represent the snow-capped peaks in Aotearoa. Was Lord Lamington actually in the southern hemisphere prior, or during the time of the painting? Lord Lamington was the elected Conservative MP for St Pancras North, back in England meaning

he was quite a distance from Wellington in 1888 when that painting was done. If the 1888 painting featured a Wellington on the table, what do we make of that? Is the Lamington the Australian Wellington?

In 1900 the Lamington cake was publicised in Queensland, subsequently appearing over the next two years in Sydney, then Aotearoa. By 1915 there was a Lamington national park declared in South-Eastern Queensland; it was taking over Australasia.

Now Lamington Day; what's its history? In 2006 it appears the Australian Federal Government instituted this special day, though not at the level of an Australia wide public holiday. An Australian Lamington Appreciation Society exists to promote the Lamington. Check out their Facebook page for an update on the world of lamingtons: you may also find a Lamington blog on the Internet. All in all, whatever the origins of the lamington it's been a popular nibble for over a century. So, on July 21, sit back and enjoy a Lamington, or two, to celebrate National Lamington Day.

Irish Humour

Three men die on Christmas eve. To get into heaven St Peter says, 'You must have something on that represents Christmas to get in.' The English man flicks on his lighter and says, 'It's a candle.' St Peter lets him pass. The Welshman jingles his keys and says they are jingle bells. St Peter nods and lets him pass. The next thing Paddy steps up to the door and pulls a bra out of his jacket pocket. St Peter says, 'What is this to do with Christmas?' Paddy answers: 'Oh! they are Carols.'

Two Irish men are looking through a catalogue

Paddy says:, 'Jaysus would you look at this the women here are gorgeous and their prices are reasonable to!' Mick agrees with Paddy and says, 'Right I'm ordering one right now!' A few weeks later Paddy says to Mick, 'Has your woman showed up yet?' 'No' says Mick, 'But it shouldn't be long now her clothes arrived yesterday.'

WHITTLESEA PHOTOGRAPHY CLUB



After being treated to glorious autumn conditions for so long the winter chill has hit hard. But don't be put off taking your camera out on these bleak winters days. Sunrises and Sunsets are later and earlier and very often dramatic. The snow capped mountains of are also not far from our back yard. If you are not brave enough to face the elements it is a great time to try some indoor photography. Still life can be great fun. Your models are also less likely to fidget or

complain either. You don't need fancy lights or anything, beautiful light can be achieved just using your nearest window and you can boost that light using something as simple as white cardboard. Create a scene that tells a story of a family member or past holidays. Let your imagination go wild. Speaking of indoor photography and imagination - our June Meeting was held at the Fire Station and everyone got to experience the fun of abstract photography using common household supplies like water, cooking oil, milk, paint we mixed up concoctions in dishes

and photographed them close up to create some colourful and interesting effects. We also used pieces of coloured paper and lights to make interesting patterns and froze leaves and flowers in a casserole dish with light underneath. We always want our members to try new things and this is another great example. Coming up at the end of July we have another hands on meeting scheduled. This time we are trying light painting. Weather permitting we will be outdoors but we have an indoor option

too. We will show you how to do long exposures and create fabulous effects again using things you have around the home like torches and fairy lights. Once again we thank the Bendigo Community Bank in Doreen for hosting us at their Pop up Exhibition space. We have had great feedback and this is such a great initiative for local creatives. We hope some of you got to visit. We always welcome new members of all levels of ability. No fancy cameras required (but of course welcomed). Contact us at info@whittleseaphotographyclub.com for further information.



WATER IN THE CARBURETTOR

WIFE: There is trouble with the car. It has water in the carburettor.
HUSBAND: Water in the carburettor? That's ridiculous
WIFE: I tell you the car has water in the carburettor.

HUSBAND: You don't even know what a carburettor is. I'll check it out.
- Where's the car?
WIFE: In the pool

Sent in By Michael Halley



WHITTLESEA AGRICULTURAL SOCIETY



WHO ARE WE? THE ANIMAL NURSERY

The Animal Nursery is one of the most popular exhibits of the Whittlesea Show and is open both days of the Show weekend (5th & 6th November 2022). The Nursery displays a range of farm animals often with their young, providing an opportunity for patrons to experience hands on interaction with cute animals. This year you'll have the chance to meet alpacas, miniature ponies, sheep & lambs, guinea pigs, rabbits, miniature mountain goats, ducks & chickens. In preparation for this year's Show the enthusiastic volunteers have been busy improving and redecorating the Animal Nursery at the monthly working bees. Superintendent Melany Nauta and the team are creating a bright and fun environment in the Animal Nursery ready to welcome everyone back in 2022. They look forward to providing information and liaising with people interested in animals. Their team is always looking for new volunteers to join them with the preparation for the Whittlesea Show as well as assisting with the animals on the Show weekend.

YOUNG PERSON'S COMPETITION

The Young Persons Competition is held on the second day of the Show, Sunday 6th of November. This fun event for children and teenagers aims to encourage positivity, build confidence, develop public speaking and is always well attended. The individual is judged on presentation, personality and general knowledge. The contestants are announced by the presenter to the panel of three judges, starting with the youngest contestants to the eldest, in the appropriate age group. The categories for entry are Tiny Tots, Whittlesea Junior, Pre-Teen, and Teenager. Each contestant will receive a participation ribbon and there are prizes for first, second and third place. The first-place winner will also get to be a part of the Whittlesea Show parade at the end of the final day. Superintendent Emilia Hulme and the team have begun preparing for the Show that involves collecting prize donations and sourcing suitable judges and presenters. They are also looking for an extra pair of hands to help on the day of the event so if you are interested please contact us. Contact us if you would like more information on volunteering across any area of the Show, Sponsorship or how to become a Society Member. We look forward to welcoming you.



MESSAGE FROM CHAIR ADMINISTRATOR, LYDIA WILSON



Hello everyone,
I hope you are all keeping warm and well in these cold winter months!

Our Community Leadership Program has been popular with our first cohort getting ready to start the second phase of the program. We're now opening up the program for another intake for people who would like to participate.

The Community Leadership Program contains a series of courses designed to educate and equip those with an interest in community leadership to take the next step in developing their skills. It will also help the City of Whittlesea to build leadership capacity within the community ahead of our return to elected Councillors in 2024.

We're keen for the program to represent the area's diversity, so we're encouraging people of all genders, age groups (18+), abilities, cultures and backgrounds to apply. Head to www.whittlesea.vic.gov.au/leadingchange for more information or to apply before Monday 25 July.

A new household glass recycling service is soon to be rolled out across the municipality. This will allow Council to meet the Victorian Government's requirement of a standardised four-bin waste and recycling system.

From August 2022, new 120 litre purple-lidded bins will start being delivered to every household in the City of Whittlesea with the

glass recycling kerbside collection to begin in September.

You will receive a comprehensive information pack ahead of the rollout to ensure you are well informed. In the meantime, feel free to go to our website and find out more on our new glass recycling service and the new purple bins at www.whittlesea.vic.gov.au/glassrecycling.

If you're looking for just a few hours work each day, Council is currently recruiting for new school crossing supervisors. This important role helps our families get safely to and from school each day. You can find out more on our website at www.whittlesea.vic.gov.au/schoolcrossings.

Lastly, I'm pleased to announce that we have endorsed Council's 2022-23 Budget and Community Plan Action Plan at our most recent Council meeting on 27 June which was held at Thomastown.

The final Budget and Community Plan Action Plan 2022-23 have been shaped by community feedback and will form the blueprint for our priority projects and programs over the next 12 months. The Budget provides the services and facilities our community needs now with sound and responsible financial management to ensure we are well positioned to continue to deliver in the future.

You can view the final Budget and Council Plan Action Plan documents on our website at

www.whittlesea.vic.gov.au

Many thanks, Lydia Wilson



Show girls in Grand Parade 2019



Animal Nursery Calf

The next Town Crier is due out Monday 1st August
Deadline is no later than Friday 15th July
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karen_macetc@yahoo.com

CHURCHES WITHOUT VILLAGES continued from page 9

overhanging the little church.

There is a stream past the church and a clapper style stone bridge across it. This church is Old Bewick, it only has a farmhouse near it, nothing else. There had been a village there at one time. But the Plague struck the village. Now the village is gone and only the little church remains. The church is always open to anyone. Despite being fairly remote the little church gets a lot of visitors.

We went inside, it is well-kept, very compact, but very plain, the only thing that is locked is a contribution box for visitors to make a donation. The last plague to hit England was in 1666, this is probably the time it hit Old Bewick, the church is much older, and the plague must have been terrible with whole villages dying.

I suppose the child's game of 'Ring of Roses' is still played by young children. This game is said to come from children playing during the Plague and making the most of it, ring a ring of roses, a pocket full of posies, atishoo, atishoo, we all fall down. For children to play such a game, it shows death was with them

all the time.

During the following week we visited another Church without a village. This Ancroft church is a bigger church with a square tower more like a castle tower than a church, this area of Northumberland was frequently raided by the Scots at one time, this would be the reason for the square tower.

In 1667 Ancroft village was hit by the Plague. The people of the village did all they could and more to try to stop it. The living carried the dead to a field, then covered the body with furze bushes and burned them. Also they burned the house of the plague victim. The lines of where the village houses had been can still be seen and also the field where they burned the dead is known. Even these drastic measures didn't stop the plague and soon the old village was gone.

The Ancroft church is well kept and is quite a large church. An interesting item is three French Nuns are buried there. For some strange reason this church is owned by Durham cathedral, despite Ancroft being miles away from Durham.



Danielle Green MP

STATE MEMBER FOR YAN YEAN

Parliamentary Secretary for Sport
Parliamentary Secretary for Regional Victoria

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National Reconciliation Week – Be Brave, Make Change

Nillumbik Shire Council marked National Reconciliation Week with a flag-raising ceremony at the Civic Centre in Greensborough. For the first time, both the Aboriginal and Torres Strait Islander flags were able to be raised together for Reconciliation Week following the recent installation of an extra two new flag poles outside the Civic Centre. This has allowed Council to permanently fly both the Torres Strait Island and the Progress Pride flags alongside the Aboriginal and Australian flags.

The ceremony began with a Welcome to Country by Wurundjeri Elder Uncle Ian Hunter and a wonderful performance by Indigenous performers Ganga Giri featuring singer Michelle MTonesZ.

Uncle Ian handed out clap sticks to the children in attendance and encouraged everyone to join him in a song, which was inspired by stories from reel-to-reel footage of his great aunt interviewed many years ago by an anthropologist.

The event was attended by Councillors, members of the Nillumbik Reconciliation Group and students from Catholic Ladies College, Eltham North Primary School and Apollo Parkways Primary School.

Nillumbik Mayor Frances Eyre said Council had a critical role to play in Reconciliation in partnership with Traditional Owners, First Nations Victorians, other levels of government and the community.

'The theme for this year's Reconciliation Week is **Be Brave. Make Change**. We are asking everyone in Nillumbik to make change by taking brave actions in their daily lives – where you live, work and play,' she said.

Cr Eyre said Council was taking significant steps in its Reconciliation journey.

'We are in the process of developing Council's first Reconciliation Action Plan and Reconciliation is at the heart of all our key strategies moving forward,' she said, 'Our new Reconciliation Grants Program has seen a number of local community groups given financial support for Reconciliation activities.'

Nillumbik Reconciliation Group President Jan Aitken spoke of the need to take moral responsibility for Reconciliation.

IVAN PETERSON

Looking back over eight decades of my 'interesting' life, one thought comes again and again, 'I have been blessed by wonderful people who have shared or impacted on my life in so many areas, in so many ways. I am truly grateful, and I want to say a heartfelt Thank you to you all.'

I have lasting memories of and have enjoyed great relationships with:

- * four generations of beautiful families,
- * my wonderful work colleagues from several careers,
- * my former students,
- * members of junior and senior sporting teams I coached,
- * members of youth clubs I led,
- * teammates in sporting clubs,
- * fellow campaigners for the rights of people with disabilities,
- * Christian brothers and sisters in all the local churches,
- * Music and singing mates in family, Whittlesea Community Choir, Lazy River Band, and in worship,
- * Neighbours in Research and Whittlesea, close knit rural communities where neighbours matter, support and care about each other,
- * Old schoolmates who are as close today as ever,
- * Car club friends who share the absurd pain and joy of mucking around with old cars, and finally, none more important than
- * my Bushfire Buddies, with whom bonds stronger than friendship were forged in facing and coping with disaster.

Is it too trite or cliched to say, I love you all? I do want you to know how privileged and grateful I am that you have shared some of your life with me.

As I said above this is about saying Thank you! to as many as possible and I reckon you would like to reconnect or catch up with each other and meet people from the that list above. You all have something in common, you are really good people! So, this is how we will do it.

You are invited to:

Open House – 2pm – 5pm

Sunday August 28th, 2022 -

Come and Go as you please:

**Whittlesea Community Activity Centre Memorial Hall
ample parking at rear.**

57- 61 Laurel Street Whittlesea Vic 3757

We will provide:

Simple afternoon tea

Live music, The Peterson Family and friends.

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For further information call me or Glenys
really looking forward to catching up.

Ivan Peterson 0418 598 364

'What we can do now is speak to others about this morality, this need our country has for the inclusion of the First Nations, First Peoples in our constitution in a manner that is meaningful for them,' she said, 'We are on the brink of the beginning of a real reconciliation. One that hasn't been with us before now. Let us do our bit towards making that a reality.'

Representing Catholic Ladies College, Year 12 Reconciliation Captain, Indi Sandwell spoke of recognising the struggles and celebrating the successes and achievements of First Nations people; while 'Fire Carriers' Kirra Imbriano and Olivia Giannios said, 'We stand with you in the spirit of absolute reconciliation, friendship and solidarity. We share your dreams and we make promise during Reconciliation Week that we will continue to work hard to ensure that Australia becomes the place that it should be. The journey towards self-determination is challenging but we promise to listen to you and fight with you for justice.'



L-R: Councillor Natalie Duffy, President Nillumbik Reconciliation Group Jan Aitken, Mayor Frances Eyre and Councillor Geoff Paine.



L-R: Nillumbik Mayor Frances Eyre, performers Michelle MTonesZ and Ganga Giri, and Councillor Natalie Duffy.

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WHAT'S IN A NAME - HUGHESDALE

14 kms south-east of Melbourne's CBD, just 2sq km in size it is the smallest suburb in the City of Monash. It borders Poath road to the west, Dandenong road to the north, Warrigal road to the east and North road to the south. Named after James Vincent Hughes, a former Mayor of the City of Oakleigh. He and the Poath road Railway station League lobbied heavily for the new station in the mid 1920's. Hughesdale began as part of Oakleigh. In the 1880's due to the presence of the railway the stretch of land between Oakleigh and Murrumbeena attracted some professionals who established substantial homes on large estates. Many of its earliest homes are part of Oakleigh and Murrumbeena's early history. The original township was laid out around Poath road with small lanes, some cobbled in bluestone. there were suggestions that the new railway station be called Hughesdale. A decade later there was a move to rename Poath road, Hughesdale road, but this was rejected by the then Caulfield City Council.

Following the opening of the railway station on 28 February 1925 Hughesdale boomed with a commercial area rapidly springing up near the station along Poath road and subdivision of sparse land between Murrumbeena and Oakleigh for residential development. The Hughesdale Post Office opened on 12 December 1927.

Rapid industrialization and expansion of both

Melbourne and Oakleigh in the 1940's saw Hughesdale become entrenched as a suburb and commuter zone. It inherited the modified grid plan of neighbouring suburbs and the original Victorian era estates were converted to greenfield land eventually making way for affordable working class housing developments. Many street names were after notable British railway stations, including roads named as Rugby, Euston, Crewe, Swindon, Paddington, Clapham, Bletchley, Willesden, Preston, Skipton, Dalston, Camden, Earlstown and Carlisle Crescent. Other street names are Corr street after E.J. Corr, Oakleigh Mayor 1907-8, 1916-17; Darling street after Charles Henry Darling, Governor of Victoria 1863-1866; Hotham street, after Sir Charles Hotham, Governor of Victoria 1854 -55; and Paget street after local resident and hotelier Charles Edwin Paget. With the opening of Chadstone Shopping Centre in the 1960's Hughesdale completed its suburban expansion and became the main rail access point for the centre. However, it also began a long sttp decline in the local commercial area's trading. Hugesdale is now in the local government area of Monash.

From 'Golden Days Radio publication compiled by David Pollock, sponsored by the East Malvern Community Bank. Segments are broadcast every Thursday at 4.07pm on Golden Days Radio, 96.7fm. Streaming available, www.goldendaysradio.com

KAREN'S HOME REMEDIES

CORNFLAKE YOUR FISH – For added crunch, with fewer calories, use cornflakes instead of breadcrumbs to coat the fish, not only do cornflakes contain lower calorie than breadcrumbs, they are less absorbent and give a lighter covering, so the fish will absorb less oil.

DRY FISH FRIES BETTER – When frying fish, be sure that the surface of the fish is dry, before putting it in the oil. Moisture can cool the oil down and make the fish cook unevenly.

QUICK AND EASY FISH – Our favorite way to prepare fish is also super quick and tasty. Wrap your fillets individually in foil, adding a bit of chopped onion, salt and pepper, a sprig of dill, and a drizzle of olive oil. Bake for 30 minutes

in a 350 degree oven, then unwrap for a tender flavorsome dinner.

FROZEN FISH FIX – Pining for fresh fish but stuck with frozen fish? Try this. Cover the frozen fish in milk until it is thawed, then cook. It will taste fresher, and your family will never know it was frozen.

SERVING FISH – Fish tends to cool very quickly, so it is best served on warm plates or a warmed patter. Garnish your fish with a wedge of lemon or other citrus fruit.

FULL OR FROZEN – Frozen shrimp can make for a quick and easy meal, but try to avoid shrimp that have been peeled and deveined before freezing, which usually causes a loss of texture and flavor.

WHITTLESEA COMBINED PENSIONERS

(Reg. A0025361A)

President Christine Evans opened our June Meeting. President welcomed new members C. Walker, K. Dabal and returning member I. Norris.

Annual General Meeting held on 2nd June 2022.

Committee Office Bearers are:

President - Christine Evans

Secretary - Nella Palmieri

Treasurer - Lorraine Murphy

Thursday 21st July, - Trentham Pig & Whistle Hotel. Sit back and unwind as we travel up the Calder Highway heading for Trentham, a small rural township at the top of the Great Dividing Range. After the delights of this historical town we enjoy a delicious 2 course lunch at the Pig & Whistle Hotel. **Cost \$50.**

PICK UP TIMES: MILL PARK 8.15am, SOUTH MORANG 8.30am, MERNDA 8.45am AND WHITTLESEA 9am

Thursday 18th August, - Tram Boat We cruise downstream along the Yarra through the Port of Melbourne, past Swanson Dock under the Westgate Bridge and out into Hobson's Bay where we turn into the historic sea port of Williamstown. Delicious Fish 'n' Chips will be delivered to the Tram Boat for our return trip. **Cost \$60.**

PICK UP TIMES: MILL PARK 8.45am, SOUTH MORANG 9am, MERNDA 9.15am, and WHITTLESEA 9.30am

Thursday 15th September, Father's Day Luncheon – Epping R.S.L

Thursday 20th October, Rhododendron Gardens

Thursday 17th November Point Nepean

Thursday 15th December, Christmas Luncheon – Venue TBA

Morning Tea & Luncheon are included in the day trips.

Afternoon tea will be supplied after our meetings.

We encourage hand sanitizer and good hygiene practices.

Whittlesea Combined Pensioners & Superannuates Association of Victoria Inc. is opened to all types of pensioners and their carer's and funded superannuates.

Annual Membership is \$20.

Trips and Luncheons are partly subsidized by the Club.

ALL TRIPS MUST BE PAID BY THE 1st THURSDAY OF EACH MONTH OR BY DIRECT DEBIT BEFORE TRIP

If members would like to attend any of the above trips but are unable to attend the next meeting they can contact Social Secretary Nella Palmieri on **0433 114 960**

Our next meeting will be held on Thursday 7th July, at the Whittlesea Community Activity Centre at 1pm.

New members are always welcome.

'til next time stay safe and well,

Nella Palmieri, Social Secretary

Samantha Heyfron B Physio, APAM
Adam White B Physio, APAM
Luke McMurray B Physio, B.Appsc, A.PAM
Tanvi Tiwari B Physio, MSc MSK Rehab

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THE CRIMSON ROSELLA

The Beautiful Crimson Rosella is a regular visitor to our garden in Hurstbridge, usually in pairs or sometimes in small flocks. My family and I often observe them walking around feeding on the ground, or flying around foraging for food in the tops of our tall Eucalypts and other trees and shrubs. We frequently watch them drinking from the birdbaths we have in the yard. They are quite common in this district and it is not unusual to spot them in the township of Hurstbridge itself, and in parks and gardens in outer suburban areas with native trees adjacent to alpine regions.

We also see plenty around in the bush, in farmland and in parkland whenever we drive and bushwalk at Mallacoota in East Gippsland, at Hanging Rock and in the Kinglake National Park, just north of where we live. We often notice them on our travels throughout other parts of Victoria and NSW as well.

Adult Crimson Rosellas are about 36cm in size, with a bright crimson body, a blue tail, wings and cheeks. The young have a green body with blue cheeks, which changes over 15 months time.

They mainly eat the seeds of trees and grasses, but also feed on fruit, flowers, buds, blossoms, insects and nectar of native and various introduced plants.

They nest in spring and early summer in tree hollows, or at times in fence posts. The female usually lays 5, but sometimes up to 8 eggs.

They inhabit wetter, dense forest areas, mostly amongst alpine Eucalypt forest, rainforest, fern gullies and woodlands. They migrate to open forests, farmland and coastal scrubland in lower regions in autumn and winter. Crimson Rosellas are also common in parks and gardens in urban areas where native revegetation

efforts have been carried out. An isolated population of Crimson Rosellas is found in coastal northeastern Queensland. They are also distributed from southeast Queensland through eastern NSW and throughout most of Victoria (except for the northeast) to southeast SA. And are also found on Kangaroo Island.

Because they need hollows in tall trees to nest they have been badly affected by the destruction of native habitat and the resulting loss of old trees with hollows. Still they remain a fairly common species through their range. In areas with hardly any old hollow trees left nest boxes are a way to assist them find a nest site.

We take great pleasure in watching these beautiful birds as they walk around on the ground or fly and climb about in the trees. On one occasion I observed two young Crimson Rosellas in our garden walking around eating seeds on the ground. While they were there one of them found a tennis ball on the ground and climbed on top of it and the ball moved. It held it with its beak and its feet and began to roll it around and around on the ground. Then it stopped and climbed back on the ball and flapped its wings, lifting the ball and dropping it and then rolling it around again. After rolling the ball around some more, it eventually had enough of the game and left. It was a sheer delight to watch this very playful incident.

Crimson Rosellas easily become quite tame and once used to humans will visit picnic spots in parks and backyards in urban areas to obtain food. Planting local indigenous trees and shrubs, like Wattles and Eucalypts in gardens provides a natural food source for them and will certainly attract them to backyards.

Steven Katsineris, Feb 2009



BOOST YOUR IMMUNE SYSTEM NOW

As we face another winter, this month we will re-cap how important good food and traditional methods of cooking and eating as well as many common herbs and spices can make a massive difference to your immune system.

It seems our ability to fight infection is directly related to adequate sleep, while increased stress levels also depresses our immune response. Trials have shown that 20 minutes of meditation helps fight infections, so relax and get plenty of sleep if you're run down. Recent studies on type 2 diabetes have found that eating sugar has a measurable decrease in immune function, so keep sugary foods to only a treat, not every day.

Supplementation to boost immunity depends on what you take when, vitamin A (think carrots), C and E work best when taken prior to getting a cold. This includes cod fish liver oil for the kids (eg. Hypol), eating sardines, salmon etc, butter and eggs are rich in vitamin A and D that is vital for immune function. Astragalus is a Chinese herb that has shown real promise in clinical trials in boosting immune cell count, as does Shitake and Reishi mushrooms. Zinc and selenium are important for fighting infection and is effective taken as a preventative as well as when you have a cold. Echinacea has shown repeatedly to be most beneficial when taken during the early phases of a cold, as well as Koran ginseng, while both are useful to take as winter takes hold to boost what we know of in Chinese Medicine as your 'defensive Qi'.

Food is the most important daily medicine. Research shows that one of our most common vegetables is very important. Carrots that have been boiled for around 15 minutes release in an absorbable form high levels of interferon that interferes with viral replication. Soup is the easiest way then to boost your immunity daily. During the research for this article there were many articles on Science Direct and Google Scholar that showed immune boosting aspects to many herbs and vegetables. Very prominent herbs/foods include, sage, thyme, oregano, celery, cinnamon, barley and Gou Ji Berries. Warm soups are clearly an ancient remedy that is fully supported by research.

Try and avoid raw foods as they are difficult to digest when your body is adjusting to a colder season and cold drinks also put cold in our tummies while the body is trying to keep warm so drink warm water, hot teas and lots of healthy soup. Keeping yourself warm inside and out is paramount as it enables your immune system to resist the invasion of pathogens so adding warming spices such as a good sprinkle of cinnamon on your brekky each morning really boosts inner warmth. Ginger is also warming, a digestive aid and helps your body's immune function. Add a few fresh slices with lemon and honey as a tea, and add ginger to your stir-fries and curries and pumpkin soup. Tumeric, chilli, garlic and black pepper are all very warming and assist in fighting cold and flu. The trick is to eat these things daily in whichever way takes your fancy. Stewed fruit is an easy way to incorporate warming spices, a great excuse to eat warming apple crumbles with cloves, nutmeg and cinnamon or poached pears and cinnamon and ginger are really lovely ways to get that inner cosy going.

Remember antibiotics do nothing to viruses, only bacterial infections, while they kill your good digestive bacteria that has been clinically shown to assist in immune function, anti-inflammatories such as Ibuprofen suppress the immune system and thus allow viruses to sink deeper into the body so avoid them and use simple cooling methods such as tepid water and lavender as a compress and peppermint/chrysanthemum tea to cool a fever. Aspirin can be used for pain and is also an anti-coagulant so may be a better choice if you catch Rona! With a cold damp winter that we are having so many people are struggling this year with Flu etc., so boosting your intake of leeks, onions, spring onions, garlic etc., are very good for warming lungs and clearing phlegm. These are best in soups such as chicken vegetable or minestrone or add to a stew. So get into some immune boosting herbs now, and remember to talk to your health professional for more specific advice.

Until next time, stay well, Dr Angela Palmer
Registered Chinese Medicine Practitioner
B.AppSc Human Biology, B.AppSc T.C.M. R.M.I.T
Kinglake Chinese Medicine,
1 Robertson Road, Kinglake 3763
Phone: 03-5786 1889



CONTRASTS

By Sue Lloyd



It's been a month of contrasts. On the world stage terrible disasters affecting large groups of people, many changes occurring, both nationally and individually. Meanwhile those who might be willing to begin some dialogue seemingly refuse to do so in a meaningful way.

On a personal level I was reminded that there is a strong stream of kindness, thoughtfulness and generosity alive and well. One example was perhaps unusual but still highlighted the human spirit of compassion. Let me elaborate.

Rushing down to the chemist prior to the evening closing, my husband found that he had left his wallet sitting on the kitchen bench. As soon as his predicament was known a complete stranger turned to him and said, 'Don't worry. Let me pay for this.'

The second one was several tender minutes witnessed while a baby, well wrapped up against a chill wind, was unloaded from the back seat of a car and gently and carefully placed in a pram. The blankets were then tucked in, hood adjusted to ensure the sun did not penetrate the interior and the pram positioned next to a woman while a man went to order coffees. Awaiting the order there was much cooing, and fussing over the baby. This continued throughout the time the couple sat at the table, the pram continually adjusted in line with the trajectory of the sun.

The follow on to these two instances was that my husband opened an account at the chemist that was paid the next morning.

The second situation was more noticeable. It turned out there was not a baby in the pram at all but a very silent, miniature Pomeranian dog, its small ears visible above the blankets in which it was swathed.

These observations led me on to think about assumptions. The emotions expressed earlier still rang true but then it occurred that how little we sometimes know people. Perhaps how little effort we put in to getting to know them, to understand. Problems, joys, family/work situations/difficulties etc. Are we too busy and consumed with our own problems and the challenges we all face to really take the time to understand the experiences of others?

Such sentiments were brought home this week when I was told via a third person of a very distressing situation concerning someone we both knew but which I had remained in ignorance of.

In the case of the dog in the pram was there a story inherent in the way this little dog was treated? Was the dog ill? Was it in effect a de facto child? In which case how much sorrow lay behind that thought? Was it someone else's dog? Were there entirely some other reasons, the dog just liked to go out – but then why in such a way?

Obviously there is no answer to this. The notion of not being too quick to judge or form an opinion was present. The wish to have been able to understand and perhaps provide a listening ear if there had been heartache behind the scene I witnessed. Maybe I was jumping to too many conclusions but just a gentle reminder to have heartfelt conversations with others where appropriate, putting aside my own concerns at least for a short while.

Scottish Cop

A London lawyer runs a stop sign and gets pulled over by a Scottish Cop. He thinks he is smarter than the cop because he is a lawyer from London, and has had a better education than any Scottish Cop. He decides to prove this to himself and have some fun at the cops expense.

Cop: 'License and registration please?'

Lawyer: 'What for?'

Cop: 'Ye didnae come to a complete stop at the stop sign.'

Lawyer: 'I slowed down, and no one was coming.'

Cop: 'Ye didnae come to a complete stop. License and registration please.'

Lawyer: 'What's the difference?'

Cop: 'The difference is, ye huvte come to a complete stop, that's the law. License and registration, please.'

Lawyer: 'If you can show me the legal difference between slow down and stop, I'll give you my license and registration, and you can give me a ticket, if not you let me go and don't give me a ticket.'

Cop: 'Sounds fair, exit your vehicle, sir.'

The London Lawyer gets out of his vehicle. The Scottish Cop takes out his baton and starts beating the lawyer, after several minutes he says, 'Daeye want me to stop or just slow down?'

Sent in by Michael Halley

HALL FOR HIRE

Uniting Church hall, Schotters Rd, Mernda
AVAILABLE FOR REGULAR BOOKINGS, MONDAY TO FRIDAY
Eg. Dance groups, Karate, Exercise classes, Craft groups, etc..
NOT AVAILABLE FOR PRIVATE PARTIES
For information, Brendy Stanley 0427 329 736



NEW MEMBERS WELCOME

Choose from 110+ Classes, keeping Mind, Body & Spirit in excellent condition.

VOLUNTEERING OPPORTUNITIES - Volunteering is a wonderful way to become involved with other seniors, share knowledge and experiences while making friends. New classes and venues are being organised and expanding. If you are interested please contact our office

PHONE 9464 1339 or 0404 119 189

Leave a message if no answer

Secretary@whittlesea.org.au

Website & for application forms

www.whittleseau3a.org.au

2022 ANNUAL MEMBERSHIP \$50

Whittlesea U3A is working closely DPV Health and Thomastown Library and City of Whittlesea Ageing Well Team to expand its availability of classes and activities to more locations in the newer areas. The classes will provide opportunity for semi retirees and retirees to trail classes and activities. Each of the new locations will be supported by a 'How to use your phone digital support Hub'

This development demonstrates the value of organisations collaborating to support senior residents stay connected, engaged in activities of interest and make new friends in their local communities.

The Shaping Connections research project with RMIT University has published a booklet accessible on the **www.shapingconnections.org** website specifically for older adults, to promote digital inclusion. Improving older people's engagement with Information and Communication Technology (ICT), which has never been more important as a pathway to promote social inclusion, and foster participation in the digital economy. ICT is a broad term. It refers to all communication technologies and includes all media applications and services enabling you to access, retrieve, store, transmit, manipulate information, and transact in a digital form. ICT supports social inclusion by creating opportunities to connect with loved ones and provides a platform for learning, entertainment and access to essential products and services.

The digital booklet aims to support older Australians with strategies to increase their digital confidence to connect.

PAPER TO PLATE PROGRAM - Whittlesea U3A and Peter Lalor Secondary College are developing a 'Paper to Plate' program. The activity involves the creation of a recipe book made up of traditional recipes passed down through the generations and are of significance to the participating Whittlesea U3A members.

The Paper to Plate program will provide 12 Whittlesea U3A members with the opportunity to talk 12 students (years 11 and 12) from Peter Lalor Secondary College about their life, traditions and family cultures – the main focus of the discussion will be the traditional cooking that have been passed down through the years. Recipes will be prepared, cooked and eaten and a recipe book created. The book will also include recipes the students share with the Whittlesea U3A members.

The program will form part of the Peter Lalor College year 11 and 12 student study for the year.

COFFEE AND CHAT AT OLD SCHOOL HOUSE SOUTH MORANG

An informal 'drop in coffee and chat' has commenced weekly on a Monday at the Old School House – Estia Health Plenty Road South Morang from 10am. Have a coffee, chat and hear Marion chat about her interest in Genealogy, investigations into War Veterans of play games.



Are you a senior in our community? Do you want to improve your digital skills to access services? Join us to learn how to access telehealth appointments, use online portals like MyGov, Medicare & QR code.

Please contact Glen Wall **0422 852 593** or **president@whittleseau3a** if you are interest in attending.

Our U3A Whittlesea Township contact committee member Peter Rodaughan can be contacted through the Whittlesea Community Activity Centre that has details of WU3A classes including membership forms.

Website: www.whittleseau3a.org.au

Paddy and Murphy are on a cruise. Murphy says, 'It's awfully quiet on deck tonight.' Paddy says, 'Sure everyone is probably watching the band.' Murphy says, 'There isn't a band playing tonight.' Paddy says, 'But I definitely heard some fecker say 'a band on ship'

WHITTLESEA PHYSIOTHERAPY

LOWER BACK PAIN

The past few years of restrictions and lockdowns have led to many of us changing our lifestyles significantly. Many have not been able to participate in their regular recreational sport, exercise classes or attend their occupation in person. This has resulted in higher rates of sedentary behaviours such as sitting watching T.V and computer work. As many of us start to go back to our more active lifestyles, the risk of developing musculoskeletal injuries will increase. One of the most common injuries we are seeing at the clinic recently is lower back pain.

Statistics released by The Australian Institute of Health and Welfare revealed that 1-6 Australians (4 million people) experienced low back pain in 2017-2018. The most common age groups affected are those aged between 40 and 70, however it is also common in adolescents. Low back pain has many different causes including traumatic injuries, osteoarthritis, disc disease, osteoporosis, and some genetic conditions. However, the most common form of low back pain is known as 'non-specific' and is not attributed to any specific pathology.

Below are some of the main risk factors for developing low back pain:

- * Being overweight/obese.
- * Low physical fitness.
- * Sedentary lifestyle.
- * Smoking.
- * Physically demanding occupations.
- * Depression/anxiety.

Physiotherapists play a crucial role in the prevention and treatment of low back pain. Physiotherapists can offer valuable advice and education regarding pain management and posture, hands on treatment for pain relief and specific tailored exercise programs to help improve strength and general fitness.

If you are experiencing low back pain or are interested in reducing your risk of injury, please call our clinic today (03) 9716 2250 to see one of our experienced therapists.

WHITTLESEA PHYSIOTHERAPY

2/17 Church St, Whittlesea. Phone: 9716 2250

info@whittleseaphysiotherapy.com.au

www.whittleseaphysiotherapy.com.au

Paddy and Joseph were walking home from Mulligans Irish bar on Halloween night. They decided to take a shortcut through the cemetery just for laughs. Right in the middle of the cemetery, they were startled by a tap-tap-tapping noise coming from the misty shadows.

Trembling with fear, they found an old man with a hammer and chisel, chipping away at one of the headstones.

'Jaysus Man, ya frightened the life outa us', Paddy called as he caught his breath. You scared us half to death — we thought you were a ghost!'

'What are you doing working here so late at night?' Joseph asked.

'My friends are such fools,' the old man grumbled, 'They misspelt my name and I have to correct it!'

WHITTLESEA GARDEN CLUB

A workshop on Home Composting and Worm Farming conducted by the City of Whittlesea was attended by the Garden club in June.



The informative presentation was conducted by Sarah Frazer from the City of Whittlesea and included details about the Wollert landfill site (tip) and the processes involved to carefully manage our waste.

It was concerning to hear that in the City of Whittlesea, the average rubbish bin contains over 40% food waste which ultimately ends up in landfill and produces harmful greenhouse gases because the process of decomposition is without oxygen.

Thus home composting, contributing to the council composting facility with our green waste and worm farming are such important alternatives.

Most gardeners will have a compost heap, but worm farming requires a little more planning and Sarah gave us plenty of tips and information on both processes to ensure we get the best outcome.

The club meets on the first Wednesday of each month and new members are always welcome.

For more information contact Keith Sutton on 9716 2461

PUZZLE PAGE

Countries of the World



Countries of the World

Word Search Puzzle

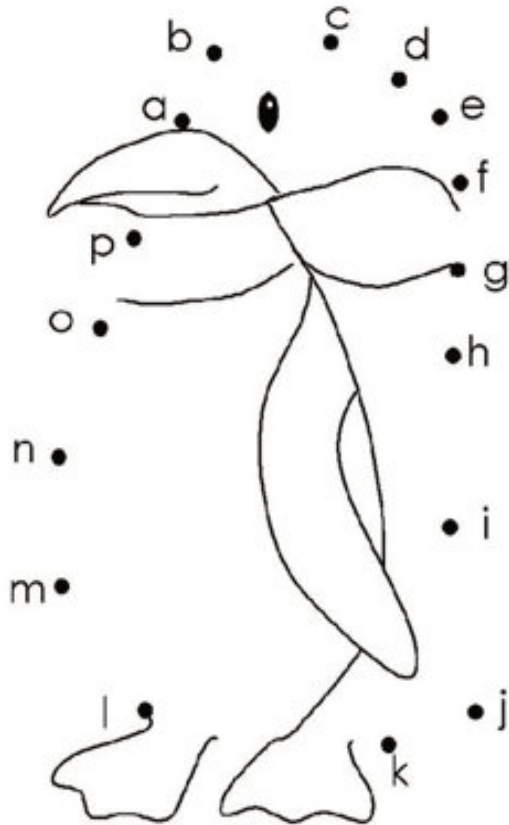


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C	B	R	A	Z	I	L	G	K	J	T	S	W	E	D	E	N
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ARGENTINA	GREECE	PANAMA
BELGIUM	INDIA	PORTUGAL
BRAZIL	IRAN	RUSSIA
CANADA	ITALY	SPAIN
CHINA	JAPAN	SWEDEN
ENGLAND	KENYA	TAIWAN
FRANCE	MEXICO	TURKEY
GERMANY	NORWAY	UNITED STATES

Puzzle courtesy of PrintFree.net



Courtesy of Activity-Mom.com



Courtesy of colouringpagesonly.com



Puzzle courtesy of RaisinOurKids.com

WHITTLESEA PRE SCHOOL Inc.



We are now taking enrolments for 3 year old and 4 year old programs. We provide children with an environment that encourages and stimulates their development, and builds self confidence and social skills in readiness for school. The program and the environment are determined by the children's needs and interests. Activities are based on play, which is central to the lives of all children. **If you are looking for a kindergarten, please do not hesitate to contact us**

whittlesea.kin@kindergarten.vic.gov.au 9716 2405

WHITTLESEA FIRE BRIGADE



TRAINING: Last month brigade members participated in the Captains round robin. The night saw members put their skills and training to the test. Members showed off several of their individual skills

such as putting up a ladder, putting in a hydrant and quickly getting water to the pumper. Well done to all the members who took it in turns to compete.

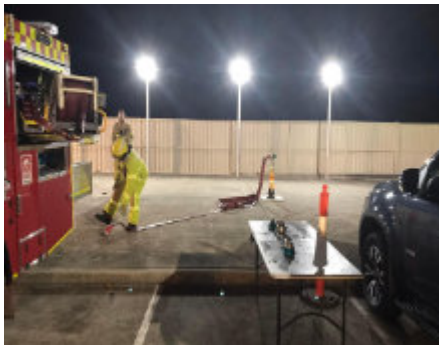


Photo Credit: Angus Duckmanton

Laundry fires! - Now that we are in the winter season and using our home clothes driers more often, it is a timely reminder for Victorians to ensure their laundry areas are fire safe.

It is important to maintain laundry electrical appliances and store chemicals safely to prevent fires, burns and chemical accidents.

Laundry safety tips:

- * Keep electrical appliances and cords away from water.
 - * Always let the clothes dryer complete its cool down cycle before stopping.
 - * Clean the lint filter after each use.
 - * Don't use a clothes dryer without a lint filter or with a lint filter that is loose or damaged.
 - * Clean the back of the dryer regularly to prevent a build-up of lint.
 - * Turn your clothes dryer off when you are not home or sleeping.
 - * Make sure that the clothes dryer has adequate ventilation to prevent overheating.
- For more information on home fire safety, visit the CFA website.

Photo Credit: Mernda CFA

NEWEST RECRUITS NOW ABLE TO TURN OUT: Last month our new recruits have finished off their 16-week General Fire Fighting course and are now fully fledged fire fighters. Each new recruit will be assigned a mentor to assist them with their transition and to help them as the now start to turn out with the brigade. The hard work and dedication by each member who participated in becoming new firefighters and the training team has paid off. Thank you to our trainers Ian, Jeff, James and Danny for giving up your weekends and family time to help training our newest recruits.



Members pictured: Jarryd Bahr, Des Bahr, Josh Corps, Ryan Taylor, Ethan Stewart
Photo Credit: Ian Kay and Danny Cobb.

WHITTLESEA FIRE BRIGADE VISITS ST MARYS PRIMARY SCHOOL

On the 24th of May 2022 Whittlesea Fire Brigade visited the students and teachers at St Marys Primary School. After a safety talk about smoke detectors, what to do when there is a fire and how to call for 000, firefighters got on the floor and demonstrated how to get down low and go go go. Students were given an opportunity to practice their "get down low" skills before being given a tour of the fire trucks. Firefighters pulled out some of the equipment for students to have a look at and play with. We hope you all had a fantastic time.

Thank you to Rudi, Brandon S, Lauren and Des for giving your time up from work and family to take the truck down to visit the kids.

Photo Credit: Teachers from St Marys Primary School



By Steph Smith, Publicity officer, Whittlesea Fire Brigade.

Whittlesea Fire Brigade is proudly 100% volunteers.

If you wish to enquire about joining the Whittlesea Fire Brigade email us on admin@whittleseacfa.com

See our website:

<https://www.whittleseacfa.com/>

I LIVE TO WRITE

I live to write,
 I write to live,
 When I can write,
 I write whatever I like,
 Some people read what I write,
 Some people don't read what I write,
 Some people like what I write,
 Some people don't like what I write,
 I write on anyway,
 Because I just love to write.

*

SOMETIMES

I really love where we live,
 It's beautiful, serene and quiet,
 But sometimes I've just got to go,
 Leave the house and garden,
 And get out of town,
 To have a break away,
 In the bush, the country,
 The seaside or the city,
 To see new places,
 Or visit old haunts,
 To take the car,
 Or catch the bus,
 Or get the train,
 To walk on out,
 Sometimes I've just got to go.

Steven Katsineris, July. 2021





STAYING CONNECTED WITH PROBUS

Fun, Friendship and Fellowship in Retirement.

AFTER ELEVEN FORTY SEVEN!

Had the Black Saturday conflagration not started at Kilmore East and spread to the farm of Kevin and Rhonda Butler the story of BlazeAid may not be ours to hear. But it did, and the story continues thirteen years on! At the Combined Probud Club of Whittlesea meeting in May Melissa Jones Operations Manager of BlazeAid Inc gave members an overview of the then, and now, of the corralling of volunteers to join together and start the rebuilding of communities devastated by natural disasters.

On the morning of 7 February 2009 north westerly winds in excess of 100 kilometres per hour scoured Victoria, bringing hot, dry air from Central Australia. The storm helped to create the almost perfect fire conditions, and when the winds brought down powerlines at 11.47am in Kilmore East, the resulting sparks ignited the fire.

Out of adversity comes opportunity is a quote attributed to Benjamin Franklin now brought to life by BlazeAid. On that fateful day Kevin and Rhonda Butler, were among those whose properties were burnt. [Arguably the first] Needing to quickly secure their 1,500 sheep, they sought assistance from family, friends and local volunteers to help re-fence their paddocks. Many of the Probud members were affected in the fires and are still scared by their personal involvement. But Melissa showed her understanding of the underlying traumas of, not only the disaster, but the undertaking to return victims to some semblance of reality. Ironically some communities that BlazeAid have helped rebuild have been devastated not by fire, but its arch enemy rain.

One hundred and seventy-three people tragically lost their lives, 414 were injured, more than a million wild and domesticated animals were lost and 450,000 hectares of land were burned on Black Saturday. The formation

of the unique volunteer army was the way that the Butlers decided to thank their helpers, and offer assistance to communities beyond Kilmore East.

The first assembly point was at the Butlers' Woolshed where locals and visitors heeding the pleas turned up 'shovel ready'. Kevin had placed an advert in the Kilmore Free Press and twenty-five volunteers came to the first assembly. Rhonda fed everyone breakfast and dinner and provided a cut lunch, with the costs covered by their family. Rotary became involved and took over the financing which was assisted by donations. Melissa explained that they shy away from Red Tape and have had minimal interaction with Government, relying on donations from the public and organisations keen to give back.

As the weeks passed it became a multicultural community with interstate and overseas volunteers dropping in and taking on the tasks. People from all points of the compass were seen and heard at breakfast, and at the end of the day's work. The evenings in the Woolshed around the pot belly stove are legendary. The time-frame allocated was 12 weeks, but as word spread about the happenings at Kilmore East, others wanted a piece of the action and thirteen years on the assistance packages are still being rolled out.

Some of the developments since 2007 were advised:-

- * 163 BlazeAid Camps established
- * 200 combat ready trailers set up and stored strategically
- * Value of contributions exceeds AU\$300 million
- * 16,500 kilometres of damaged fence removed
- * 16,000 kilometres of fences replaced
- * 35 thousand volunteers signed on [Aged 4-94 average 60 years]

* Backpackers isolated in Australia due to Covid given assistance

Currently there are a total of twelve [12] camps running throughout Australia, nine [9] of which are in NSW and Queensland working on replenishment after the devastating floods. The Camp Co-ordinator makes the decision as to what happens at each farm.

A fact hard to believe was related; the crew on one relief boat working in the flood areas was almost hit by overhead power lines which are the main transmission lines along a highway. One family isolated in a tree were fortunate when a passing boat got tangled in debris which shut the motor and allowed their plaintive cries to be heard.

Recent new functions of BlazeAid are the Post and Wire Drive where the public are encouraged to purchase fencing materials. Almost impossible to insure, fences are expensive to replace. It takes the equivalent of one person/week to clear a damaged fence at a cost of \$2,500.00 and then \$10,000.00 to replace it.

As well, since 2020 there is a tree planting program that has a double barrel environmental affect. Tree replacement is easily understood, but using recycled plastic support stakes is something new. There is also an associated program assisting farmers to re-establish grass on paddocks denuded by fire or flood. Melissa made a statement 'Reputation is the greatest asset', those who listened to her presentation would totally agree.



Melissa Jones and visual display



Ready to string a new fence



Kevin and Rhonda Butler

WHITTLESEA COMMUNITY GARDEN

We welcomed winter and new people to the community garden with our 'Winter Warmer' open day in June. The cold weather isn't slowing us down – in fact its good to keep busy and keep warm! Perhaps while it is cold and you are spending more time indoors you can start to plan for gifts and Christmas. Take a look around your garden and see what home grown or homemade produce you can give to family and friends.



Here are a couple of suggestions:

* Plant different varieties of lettuce seeds now in a large pot to create a living salad bowl or perhaps some basil and parsley for a mini herb garden for someone's window sill.

* Create some unique plant labels and put them in a small pot with some packets of seeds, maybe even a recipe, wrapped in clear cellophane to encourage others to take up gardening.



BOHEMIAN TERRACOTTA PAINTING

Join in the fun of these two workshops where you can explore your hidden talents with some simple but effective painting skills.

Date: Thursday 7th July

Time: 10am – 12noon

Venue: Whittlesea Community Activity Centre (Laurel St, next door to the garden) Please email communitygarden@whittleseach.com.au or call **9716 3361**.

GARDEN BEDS FOR LEASE

We now have garden beds available for lease. All the beds are raised and easy to access. It costs just \$20 to join our garden and \$20 to lease a garden bed. We would love for you to join us! Supported session times

Our supported session times are every Monday 8.30am – 11.30am and Thursday 8.30am – 12.30pm. If you come along at these times you will always have company and someone to show you around and help you get started. Once you are a member the garden can be accessed at other times.

Come along and join us for a cuppa & a chat at the garden. It's more than just gardening. We have a range of activities and lots of friendship!

For further information:
communitygarden@whittleseach.com.au

or call **9716 3361**.
Laurel Street Whittlesea
(Melway 246 H9)



WHITTLESEA COMMUNITY HOUSE

Welcome to Winter Folks and haven't we had a proper wake up call! Snuggle up with a cuppa and have a think about joining us for some of these activities!



A HUB FOR CARERS

Carers throughout Nillumbik are invited to The Carers Hub, an initiative by Living & Learning Nillumbik that aims to support unpaid carers in the Shire and surrounding areas.

The Hub provides a range of health and wellbeing, social and employment activities and pathways and has been designed around carers' individual needs and caring responsibilities.

From social connection opportunities with other carers to activities like art, clay and yoga – as well as career mentoring and resume-writing assistance – The Carers Hub takes a holistic approach to meeting carers' needs personally and professionally.

Mayor Frances Eyre said the innovative program has much to offer the carers of Nillumbik and the surrounding areas.

'Carers give so much of themselves and may find it difficult to make time and space for their own wellbeing and professional development,' Cr Eyre said, 'Peer support for carers is so valuable. In addition to professional and community support, chatting and spending time with others who understand your role as a carer is so important. The Carers Hub has been designed with feedback from carers who said easy access to services that are close to home, is a must. We're proud to offer carers a diverse range of programs and services from our Living & Learning sites at Eltham, Diamond Creek and Pantone Hill, as well as online. Flexibility is a key component of The Carers Hub.'

Upcoming activities include Navigating life as a carer; Pottery for carers; Carers and the NDIS information session, Carers Craft and Cuppa, and Starting a small business for creative people. More events will be added throughout the year, with an increased focus on job readiness and business training.

AM I A CARER?

A carer is anyone who provides essential, unpaid support and assistance who needs care and support. A carer could be a partner, family member, friend or neighbour caring for someone with disability, mental illness, drug and alcohol dependency, terminal illness, chronic illness, or an older person. Care may be provided from a few hours a day to around-the-clock assistance.

Carers are parents, children, partners – as well as other relatives and friends – who assist with a variety of personal care, health care, transport, administrative support, cognitive emotional tasks, household chores and other activities.

Carers can be of any age, from any culture or country, and any socio-economic background. If you receive a carer's allowance this is still classed as unpaid.

Read more about The Carers Hub at livinglearningnillumbik.vic.gov.au/carershubs

A Primary School teacher who collected well known proverbs decided to give her class of 8 year olds half of one and see what they came up with to finish it. **Here is the results, - out of the mouths of babes....**
Strike while the insect is close.
Never underestimate the powers of ants.
Don't bite the hand that looks dirty.
Better be safe than punch an older boy.
If you lie down with dogs, you'll stink in the morning.
It's always darkest before daylight saving time.
You can lead a horse to water, but how?
No news is impossible.
A miss is as good as a Mr.
You can't teach an old dog new math.
Love all, trust me.
The pen is mightier than the pigs.
An idle mind is the best way to relax.
Where there's smoke there's pollution.
Happy is the bride who gets all the presents.
A penny saved is not much.
Two's company, three's the musketeers.
Don't put off till tomorrow what you put on to go to bed.
Laugh and the world laughs with you, cry and ... you'll have to blow your nose.
There are none so blind as Stevie Wonder.
Children should be seen and not smacked or grounded.
If at first you don't succeed get new batteries.
You get out of something only what you see in the picture on the box.
When the blind leadeth the blind get out of the way.
Better late than pregnant.

COMMUNITY MEALS

Big Blokes Brunch is a great way to start each week at the Whittlesea Community Activity Centre on Tuesdays! Bring a mate the food is great: Tuesdays 11am – 1pm \$2.00 per person

Ladies Lunch -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre. Thursday July 14th & 28th 11.30am 1pm \$2.00 per person

CRAFTERNOONS - Join us each week on Mondays and dabble in all sorts of crafts! Coming soon handbags and covered boxes with the Boomerang Bags team, Granny squares (intro crocheting) and Acrylic Pouring! Mondays each week during Term 1pm – 3pm \$2.00 per session

DIGITAL LITERACY

Are you sick of waiting for the kids to get home to get help with your phone, tablet or laptop? Isn't it time you learned to do things on your own? We have a couple of great ways to improve your digital literacy – whether you are just starting out or you have a phone that you only use to take calls! We are patient, experienced with beginners and great at finding great ways to get inspired to do more with technology!

Tea and Tech – A social, technical and practical session to help you with technology!

Register today to join in with our Tea and Tech sessions in Term 3!

Thursdays from July 21st 10am – 11.30am FREE

Each session will have a different topic and all sessions will have time for discussion and questions. Bring your phones and tablets we will supply the tea and the wi-fi!

Session one will see us looking at Apple VS Android? What sort of tech do I need? Do I need to upgrade?

DIGITAL LITERACY FOR SMART DEVICES (BEGINNERS)

An 8-week course to take you from zero to hero on your phone or tablet. You must have a smartphone or tablet to participate.

Tuesdays for 8 weeks from July 26th 10am – 12.30pm

\$20/Concession FREE

WELDING FOR BEGINNERS

Learn to weld – TIG, MIG and ARC
Wednesdays for 7 weeks from October 26th 6pm – 9pm \$20+\$70 materials

Ukulele for Intermediate Players RETURNS!

We are pleased to welcome an intermediate group back to the House Mondays from July 11th 11.30am – 12.30pm \$50 per Term (\$40 conc)

TUNE UP YOUR WORK SKILLS IN 2022

Time to take the plunge and get things moving at work with these work ready courses:

First Aid (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting)

We are running blended learning First Aid and Mental Health First Aid during the first half of 2022.

Online learning + face to face Saturday August 13th \$85/\$150/\$195

Boat Licence - Don't wait until summer – get your Boat Licence NOW. Children 12+ are eligible, PWC endorsements are available to students aged 16+ Saturday August 6th 9am – 1pm \$130 per person

WILLS AND WISHES - We are once again accepting expressions of interest for our Wills and Wishes program. Have a Will and Powers of Attorney written for you by our Latrobe University Law students (in conjunction with Whittlesea Community Legal Service). It's **FREE** to anyone in the community! (Please note that we cannot assist with Family Trusts). **Appointments are on Fridays at Whittlesea Community House. Call 9716 3361 to book!**

Fix It Friday RETURNS!

Fix it Friday is back face to face! Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Social Worker, Expresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Lift (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme and heaps more! Solve lots of drama at one place on one day!

Power Saving Bonus applications have been extended to June 30th, and a new round of these bonuses is coming soon to all community members not just pension card holders, if you are eligible and yet to apply for your \$250 rebate we can help you over the phone. Stay tuned for announcements about the next round too!

Call 9716 3361 to register in advance, it's FREE

TRADESMEN'S SECTION



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24 HOUR MOBILE SERVICE

JOHN COWAN RECEIVES THE PRESTIGIOUS AUSTRALIAN FIRE SERVICE MEDAL (AFSM)

John Cowan has given years of dedicated service since joining CFA in 1978. Today that commitment was rewarded with John receiving the prestigious Australian Fire Service Medal (AFSM) in the Queen's Birthday Honours.

John has served as a member at several CFA brigades including Hurstbridge, Research and District 14 HQ East, as well as various groups including Lower Yarra and Nillumbik.

John's passion lies in making sure CFA volunteers can continue to enhance the safety of Victorian communities by ensuring there will be a sustainable pool of future leaders who are experienced in emergency management.

John is also an experienced fireground commander, identifying emerging operational leaders with whom he shares his significant experience. He does this both formally through training sessions and informally as a coach and mentor.

"When I started in CFA 44 years ago, we had a group of mentors who had been around for a while and had lots of experience, and I learnt a lot of really good information from these people," John said.

"Over recent years this mentoring ethos has dropped off and I have been encouraging people who have been around for a while to mentor others where they could – to establish a relationship wherever possible with people where they'd feel comfortable coming to you for advice or help."

John's extensive fire management experience has been instrumental in achieving the transition of the former Lower Yarra Group (and now Nillumbik Group) from a rural wildfire-focused group into a strong group of peri-urban brigades responsible for a rapidly growing population.

Recognising that many people living in these growing communities had little experience in how to live safely in a high-fire-risk environment, John as a Group and Deputy Group Officer worked with local brigades to develop response plans to ensure an appropriate response and support from neighbouring brigades.

John was an early adopter of the Australian Inter-agency Incident Management System (AIIMS) and developed his skills and experience to become accredited as a Planning Officer. He is currently a highly-respected Level 3 Accredited Planning Officer and has undertaken the role at many large and prolonged campaign fires.

'I think the highlight of my time at CFA so far has definitely been the opening of the Eltham

Emergency Operations Centre, the former Kangaroo Ground Incident Control Centre,' John said.

'So many volunteer hours went into that and to see it handed over to the council as a magnificent mud-brick multi-agency emergency management facility was something really special.'

Passionate about prevention and preparedness planning for communities John has used his local connections to bolster the profile of CFA within the community, championing the message that fire safety is a shared responsibility. He believes that the role of brigades today is much more than just putting out fires.

"We need to be role models and leaders and we need to talk about preparedness, response and more importantly recovery and where the community fits into that."

In addition to his contributions to the core activities of emergency management, John has been a strong advocate for the welfare and needs of the members. As a respected and experienced leader, he is often sought out for his views or to contribute to submissions about issues that impact on brigades and members. Throughout the COVID-19 pandemic, John led the development of a virtual online training delivery program in District 14.

'The aim of the training was to ensure we stayed connected and to keep our emergency management skills up,' John said.

'We started small and now we've grown to a much larger number of people tuning in, from CFA members across the state, other emergency service organisations and even some interstate audience members.'

John said he was beyond humbled to be nominated for, and receive, an AFSM.

'It's a bit embarrassing really. I know so many people that have AFSMs that I really look up to and it seems amazing to me that I've been nominated,' John said.

John is a former Group Officer, Deputy Group Officer and remains an active CFA volunteer. He is currently 3rd Lieutenant responsible for training in the District 14 Headquarters East Brigade.



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Call **9310 5422** including wheelchair/maxi or
www.crowncabs.com.au for online bookings

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Karen 9715 0674, 0410 324 326
karen_macetc@yahoo.com



RECREATION

NETBALL – Open aged & Mixed Netball.
Any teams or persons interested in playing
Wednesday evening at RMIT University
Bundoora contact Elise **0433 702 326**. Females
Thursday night too.

TENNIS- Whittlesea Tennis Club, Laurel St,
Whittlesea runs social tennis Thursday nights
from 7.30pm on our fully lit 8 court family
friendly facility. \$5.00pp to pay for lights. Like
us on FB for weekly updates. Enquiries Call/text
mobile **0439 355 877**.

www.whittleseatec.com
email: Info@whittleseath.com

MATERNAL & CHILD HEALTH CENTRE

Whittlesea Community Activity Centre

57 - 61 Laurel Street

Consultations by appointment only

Tel: 9404 8888

Immunization by appointment only

[www.trybooking.com/eventlist/](http://www.trybooking.com/eventlist/cityofwhittleseaimmunisation)

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HALLS FOR HIRE

ARTHURS CREEK HALL - For enquiries and bookings
contact Ruth White **9714 8438** or **0423 864 542**

ARTHURS CREEK UNITING CHURCH HALL

Comfortable venue for small groups. (to 50)

Contact: Malcolm **9714 8220**

BUNDOORA HALL ANNEXE meeting Room, holds
approx. 80 people, at Contact Community Centre, Noorong
Ave., Bundoora. For information & enquiries Lyn **0438 248**
950 or email: robertl42@tpg.com.au

DIAMOND CREEK BOWLING CLUB INC.,

Recreation Reserve, Diamond Creek. Ideal for Functions,
Birthdays, Engagements, & other parties, up to 150 people.
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area. Fully air conditioned & heated. P.A. System, Fully
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Disabled access. reasonable hire rate. NO 18th's. Contact
Geoff Corner **0419 547 465** E: sellcor@bigpond.net.au

DIAMOND CREEK MASONIC HALL, 46 Main
Hurstbridge Road, Diamond Creek. Ideal for family &
community functions. Heating & Cooling. Excellent
kitchen & facilities. Chairs & trestle tables. Can be
inspected. Contact Des **9435 4208**, bonview@tpg.com.au

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INC., HALL, 161 Para Road, Greensborough. Ideal for
functions, birthdays, Training Seminars etc. New floor,
ample tables & chairs up to 80. Can accommodate 100.
Covered deck, BBQ, full disabled facilities. Off street
parking, full kitchen, split system heating/cooling. Some
availability for permanent hire by groups.

Web: www.gdac.com.au **0400 208 465**

GREENSBOROUGH DISTRICT MASONIC CENTRE,

23 Ester St Greensborough. Ideal for Family Functions, up
to 100 people, Seminars, Groups etc. Round & long tables,
modern chairs. Some permanent bookings available. Ample
off street parking. Modern full kitchen, full disabled access,
heating & cooling. Web: gdmchall.org.au Enquiries welcome
Lindsay **0409 687 755** or **9465 2534**

HURSTBRIDGE BOWLING CLUB, 36 Graysharps
Road, Hurstbridge. All amenities available. **FREE HIRE**.
Bookings: **9718 2159**.

KINGLAKE COMMUNITY CENTRE, Cnr. Main &
Extons Roads, Kinglake Central. Rodney **5786 5603**

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refurbished hall with stage, separate meeting room, modern
well appointed kitchen and large undercover verandah.
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MERENDA UNITING CHURCH HALL – Schotters
Road, Mernda. Available for regular bookings for: Dance
Groups, Karate, Exercise Classes, Craft Groups etc.
Monday – Friday. **NOT** available for private parties. For
information phone **Brendy Stanley 0427 329 736**

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internal toilet facilities. Phone **0455 223 867**

STRATHEWEN HALL – Modern fully equipped kitchen,
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0418 350 345, strathewenhall@gmail.com
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WHITTLESEA COMMUNITY HOUSE
92 Church Street, Whittlesea. Enquiries **9716 3361**

WHITTLESEA FOOTBALL NETBALL CLUB Inc.,
Yea Road, Whittlesea. Fully refurbished rooms. Inspection
welcome. Suitable for Weddings, Birthdays, Engagements
and other parties up to 120 people. Full catering available.
Contact Kaye **0487 013 533** or Helen **0413 029 485**

1st WHITTLESEA SCOUT & GUIDE HALL – Fir St,
Whittlesea. Large main hall with great facilities including
full kitchen, toilets, chairs and a few trestle tables.
Available for any type of function. Bond required and
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0408 066 412 or Lorraine Gregory **9716 2684**

WOLLERT COMMUNITY CENTRE,
Epping Rd., Wollert. ENQ. **9217 2368**

WOODSTOCK HALL, Donnybrook Rd., Woodstock.
Ph. Len & Pauline Lord **0423 044 931**

YARRAMBAT WAR MEMORIAL HALL
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EMERGENCY PHONE NUMBERS

FIRE METRO AREA **000**

FIRE BRIGADES (fire only) **000**

Arthurs Creek, Doreen, Epping,
Kalkallo, Kinglake West, Mernda, South
Morang, Whittlesea, Wollert **000**

POLICE **000**

Epping 9409 8100

Mernda 9216 1200

Mill Park 9407 3333

Wallan 5783 0400

Whittlesea 9716 2102

AMBULANCE **000**

HOSPITALS

Austin & Repatriation 9496 5000

Mercy for Women 8458 4444

Northern 8405 8000

Royal Childrens 9345 5522

Beyond Blue 1300 224 636

Bully zero Aust. Found.... 1800 028 559

Chinese Medicine 5786 1889

Child Protection Society 13 12 78

City of Whittlesea A.H..... 9217 2170

Electrical emergency 13 17 99

Eastern Energy 13 34 66

Emergency info. in Vic. ... 1800 226 226

Floods & Storms 13 25 00

Gamblers Helpline 1800 156 789

Gas emergency 13 27 71

Gas, SP Ausnet 13 67 07

Hall's Funerals 9438 5416

Kids Helpline 1800 551 800

Lifeline 13 11 14

Medical Imaging 9716 0278

Mobile Phone Emergency 112

Nurse on call (24hr) 1300 606 024

Parentline Vic 13 22 89

Poisons Info..24Hrs 13 11 26

Plenty Valley FM: provide local
emergency information 9404 2111

Physiotherapy 9716 2250

Power outages, downed lines .13 17 99

RACV 13 11 11

S.E.S **13 25 00**

Yarra Valley Water **13 27 62**

Crown Cabs..... 9310 5422

Lifeline 13 11 14

Caring Crisis Line 13 61 69

Nursing Mothers helpline..... 9885 0653

Help for wildlife 0417 380 687

Wildlife Victoria - 24hr Pager service
..... 0500 54 0000

RSPCA 9224 2222

Bee swarm collection 0400 337 556



GARDEN OF ROSES or PADDOCK OF PRICKLES



If you have something you would like to
contribute to 'ROSES' or 'PRICKLES' column,
email it to:

towncrier2019@gmail.com

All submissions must include name and contact
details, including phone number
(Not necessarily for publication)

IN OUR COMMUNITY

SCOUT GROUPS

1st EPPING S.G., Scout Hall, Duffy Street, Epping. Scous Mon. 7-9, Cubs Tues. 6.30-8pm, Joey's Wed. 6.30-7.30pm. Enq: **Tim Purdy 0400 344 674**
E: gl.1stepping@scoutsvictoria.com.au

1st KINGLAKE S.G., Scout Hall, Kinglake football ground, Kinglake Central. Cubs (7-11yrs) Wed 7-8.3pm, Scouts (11-15yrs) Tues. 7-8.30pm, Venturers (15-18yrs) Fri 7-8.30pm

1st WHITTLESEA S.G. Scout Hall, 40 Fir St. Joey's (6-7yr) Thurs. 6-7pm, Cubs (8-10yr) Wed. 6.30-8pm, (11-15yr) Thurs. 7-8.30pm, Rovers (18-26yr) meet with Turbo Rover Crew Mon. 7.30-9.30pm. Enq: **Group Leader, Leanne LeClaire 0411 029 902**

AFRICAN DRUMMING CLASSES, weekly at Allwood Neighbourhood House, Hurstbridge, Thurs. night, Fri. afternoon. Timid beginners, adults, & older children welcome & free trial offered start of each school term. **Annie 0407 102 578, 9718 1002**

AL-ANON GROUPS

SEYMOUR, meets every Mon. 12noon, Uniting Church Hall, 15 Crawford St. **Colleen: 0422 879 388**

WALLAN, meet Wed 7pm Neighbourhood House.

WHITTLESEA, meet every Tuesday 7.30pm, Uniting Church, Cnr Forest & Walnut Streets.

AURORA COMMUNITY ASSOCIATION, representing Epping North, Wollert community since 2009. Advocacy on matters of local importance, social gatherings/events. www.aurora.asn.au/enquiry@aurora.asn.au

AUSTRALIAN PLANT SOCIETY, MITCHELL GROUP, meet 3rd Mon. month Feb to Nov. 7.30pm John Taylor Room, Kilmore Library, Sydney St. **Ian Julian 0438 270 248**

BELLY DANCING CLASSES for women, 10am Wed. \$9 class, Thomastown Hall, 31a Waratah St. **0413 423 926**

BEVERIDGE & DISTRICT PONY CLUB, rally days held 3rd Sun month, experienced instructors. New members welcome. **Lynda 9745 2151** or www.beveridgeanddistrictponyclub.piczo.com

BONSAI, Northern suburbs meet 7.30pm 2nd Thurs. month at Lalor Library Community Room, May Rd. **Mark 0408 059 094**

BRIDGE CLUB, WHITTLESEA, Plays Mon. 12.30-4.30pm, Wed. 7.30-10.30pm Bowls Club, **Lyndall 5786 1839**

BUSINESS STUDIES CLASSES, Whittlesea Community Network, 1st time computer users, MS Word, Excel, Publisher, Phtoshop, MYOB. **9716 3361**
CHEETAHS SOFTBALL CLUB, Jun, Sen, Male, Female, come along, join club. Cater for all abilities, incl. T.Ball, Pixie, & Primary levels. **Kerry Laird 9466 4197**

CITY OF WHITTLESEA PLAYGROUP ASSOCIATION. **Des, 9465 8664**

COMBINED CHRISTIAN CHURCHES OF WHITTLESEA, Info. **Ivan: 9716 2330, Shane 9716 3057**

CONTACT COMMUNITY CENTRE, Bundoora Hall, Noorong Avenue. Wide range of adult daytime classes held on Tue, Wed, Thurs., Arts, Crafts, well-being & more. New members welcome. **9467 6305**
www.contactbundooracomcen.com.au

COWRA (Ratepayers Association of Whittlesea Inc.) Meet 8pm 3rd Thurs, month, rotating between Activity Centre and Riverside Comm. Activity Centre. **Kerry 9715 1503**

CRAIGIEBURN SUPPORT EXERCISE & WALKING GROUP, KNIT & NATTER. Meet Wed. 9.20 - 11.30am, Leisure Centre, Craigieburn Rd, also Global Learning Centre, 1-3pm Wed. We knit for the needy, all welcome to join us. **Brenda 9308 4456 Myra 9308 1763**
E: sec.cseg@yahoo.com.au

CRAIGIEBURN RESIDENTS ASSOCIATION. INC., meet 1st Wed. month 7.30pm, Selwyn house. All welcome. **Brenda 9308 4456**

CMSC, (Council of Single Mothers & children), **FAWKNER** meet monthly 12.30-2.30pm, free lunch. Meet others in support group. **Natalie 9654 0327, letsdolinch@csmc.org.au**

CSMC VICTORIA, phone support & referral for single mums. Family law, domestic violence, housing info, young mums. **(03) 9654 0622 (rural callers) 1800 077 374, csmc@csmc.org.au www.csmc.org.au**
CWA HURSTBRIDGE, meet 3rd Wed, month 7.30pm, community centre, Greys Harps Rd. All age groups welcome. **Anne 9714 8541**

CWA JUMBUNNA, interested in joining, ring **Sandra Hocking 9716 2346**

DADS IN DISTRESS, Support Services for non-custodial fathers. NEW local support group for fathers that have no access or limited access to their children. Run by Dads, for Dads. Laurimar Community Activity Centre, 110 Hazel Glen Dr, Doreen. Every Wednesday evening, 7.30pm. No appointment necessary. Just come along. Helpline: **1300 853 437** For more Info www.parentsbeyondbreakup.com/dids

DEPRESSION, ANXIETY SUPPORT GROUP, 11am - 2pm \$3 fortnightly session. Creeds Farm learning centre, 2 Snugburgh Way, Epping. **0413 423 926**

DIAMOND CREEK BOWLING CLUB, Recreation Reserve. Friendly club, synthetic greens, play all year. Social & Pennant comps. Free coaching. **9438 1717**
www.dcbc.org.au

DIAMOND VALLEY 50's CLUB Inc, Mon or Thurs. try Zumba Gold for Seniors. \$4 session, Tai Chi, Aerobics, \$3 session. Bowls, Table Tennis, Cards, Craft. Sat. afternoon, New Vogue dancing & monthly bus trips. Community Hall, 37 Lambourn Rd, Watsonia. **Dennis Richards 0447 575 098**
www.dv50plusclub.org.au

DIAMOND VALLEY ARTS SOCIETY Classes, workshops most days, morn, aft'noon, evenings. Painting, life drawing, sculpture, and pottery. Demonstrations. Rooms at Greensborough College, 199 Nell St. Greensborough. (Mel.20,G3) Ellen Jenkins **0432 438 513, www.dvartsociety.com**

DIAMOND VALLEY CAKE DECORATING GROUP Meet every 2nd month, Sat. 1pm, Library, Ibbotson St. Watsonia. Workshops, guest demonstrators, afternoon tea & raffle. **Dot Evans 9303 8000** or **Liz Blake 9717 1036**

DIAMOND VALLEY GEM CLUB, Grace Park Cottage, cnr. Henry St & Duncan Ave, Greensborough. **Keith 0413 435 899**
www.diamondvalleygemclub.com.au

DIAMOND VALLEY MULTIPLE BIRTH ASS. Inc. **Kristi, 9438 6820**

DIAMOND VALLEY PENGUIN GROUP Speaking club for women. Meet 2nd & 4th Thurs. month, 7.45pm at Greenhills Neighbourhood Centre, Community Drive, G'borough. Visitors welcome. **Lyn 0459 186 670** www.penguinclub.victoria.com

DIAMOND VALLEY VIETNAM VETS (DVets) Meet Fri. arvo, RSL, G'borough. 3.30-7pm in Nui Dat Room. All Viet. Vets welcome. **Peter 0400 363 143**

DOREEN COMBINED PROBUS CLUB Inc., Meet Orchard Road Community Centre, Orchard Road, Doreen. 1pm, 1st Wed. month. **Doris Muscat 0418 124 407**

EPPING RSL BOWLS CLUB. 195 Harvest Home Rd Epping. A friendly happy club with grass greens and great facilities. Experienced and new bowlers welcome. Free coaching. Contact **Margaret 0403 663 508**

EPPING RSL ANGLING CLUB, meets 2nd Monday month, meeting room, Epping RSL, Harvest Home Rd, Epping. All Welcome. **Spencer 0408 888 773**
redfin3076@yahoo.com

EPPING PENSIONER ASSOC. Meets Tues. 12.30-3.30pm, Memorial Hall. Happy, friendly group, many activities & outings. **Irene 8401 3332** or **Doreen 9401 4431**

EPPING TENNIS CLUB Inc., Epping Reserve, Cnr. High & Park Sts. **Lynn 9408 6932**. Players of all standards welcome. Social, Coaching. Day & night tennis available.

FINDON CALISTHENICS CLUB Sth.Morang Primary School, Tues. & Thurs. evenings. **Glenys 9716 2568**

FINDON PONY CLUB Beginners to experienced riders. Rally days 1st & 3rd Sun. Month. Fully catered. **Regent St. Mernda.**
findonponyclub@outlook.com

FRIENDS OF SOUTH MORANG (FOSM) Meet 7.30pm, 2nd Thurs month, except Jan. A not for profit comm. Group representing the interests of residents of City of Whittlesea based Sth.Morang. **Trevor 0418 513 304**, or Facebook

FRIENDS OF TOOROURRONG (F.O.T.) For info & meetings/activities, Sec. **Jan Hyndman 0427 510 092** fotoorourrong@gmail.com
P.O. Box 283, Whittlesea.

FRIENDS OF WESTGARTH TOWN, Ziebell's farmhouse, Cnr Gardena Rd, & Ainwick Crescent Thomastown. (Mel.8,H5) open Sun. 11.30am-3pm, Tues.9am-12noon. Excluding public hols. **Darren 0402 322 434**. Guided tours groups 10+ Mon - Fri. **John 9464 5062, enquiries@westgarthtown.org.au**
www.westgarthtown.org.au

FRIENDS OF THE WILDLIFE RESERVES Inc., Working bees, held Gresswell Nature Conservation Reserves, Bundoora monthly. **Shirley 9466 9292, http://home.vicnet.au/~fwir/**

GREENSBOROUGH & DISTRICT ANGLING CLUB Inc., 90 years young, new members always welcome to our family club, meets every Thursday fortnightly at 8pm at our Clubrooms 161 Para Road Gr'gh - **0400 208 465, gdacanglers@gmail.com, www.gdac.com.au**

GREENBROOK COMMUNITY HOUSE 40 McFarlane Cres. Epping. **Liz, 9408 0916**

MARVELLOUS MOSIAC during school terms people with disabilities welcome. **9408 0916**

MUSIC4FUN Every Thurs. during school terms **SINGING GROUP** meets Tues. during school terms. 12-1pm, Prof. leader. **9408 0916**

DYNAMIC DRAWING FROM LIFE Learn to draw from life using range of materials & surfaces. Suitable beginners, rusty drawers. Professional artist teacher. **Tues. 7-9pm**

STEPPING OUT IN EPPING Friendship & Exercise. **Tues. 9-10am. Free 9408 0916**

ART4KIDS Primary school age kids. **Wed. 4-5.50pm 9408 0916**

GET CRAFTY Not a class, a group getting together over tea & biscuits. Bring your craft.

MOSIAC FOR BEGINNERS & BEYOND

Design your project, cut tiles, glue, grout, seal your work, friendly class. **Wed. 7-9pm**

All above enquiries: **Liz: 9408 0916**

GREENSBOROUGH HISTORICAL SOCIETY Inc., Monthly meetings held Greenhills Neighbourhood House. **Phone: 9435 4513.**

E: info@greensboroughhistorical.org.au
www.greensboroughhistorical.org.au

HUFF & PUFF VICTORIA Inc., Meets 1.30-3.30pm, 1st Wed. Feb to Dec. at Banyule CHS Cnr. Catalina St & Alamein Rd, West. Heidelberg. (Mel.19E12) **Max Beach 9435 5731** Respiratory support group, pateints,& carers.

HURSTBRIDGE BOWLING CLUB, Greys Harps Rd. New bowlers welcome, Ladies & Mens Pennant. **9718 2159**. Free Coaching.

HURSTBRIDGE PROBUS CLUB Semi, retired folk invited to join, fellowship, friendship & fun. **Rosemary 9719 7377**

KILDONAN UNITING CARE, YOUTH REBUILD Outreach support, Whittlesea, for young people 18-26, and families. **Jessica Eaves, 8401 0118, 0427 795 178**

KILMORE MINIATURE RAILWAY, Last Sat. Month.(weather permitting) 10am-1pm. **03 5782 2636**
www.kilmoreminiaturerailway.org
kilmoreminiaturerailway@yahoo.com

KINGLAKE BADMINTON CLUB, Sports stadium, cnr. Main/Extons Rd, (near footy oval). New players welcome. **Tues. 8pm, Wed. 9.30am Neville 9716 2020, Betsey 9716 3731** or **Agnes 9714 8272**

KINGLAKE PONY CLUB Inc., Rallies 3rd Sun. month. Andrew McDowell 9418 999 986, Buntly O'Bree 0413 130 659. Box 157, Kinglake 3763

KINGLAKE RANGES TENNIS CLUB Coaching - Wayne Broom. **Mondays:** kids 5+, 3.45-6pm. Ladies: 6-7pm. **Thurs:** Kids 5+, 3.45-6pm, Sutherland Rd, Kinglake Central. 0437 008 788

LALOR COMMUNITY DANCE GROUP Learn Rock'n'roll, Salsa, Latin, Ballroom etc... Tues. at St; Luke's Hall, David St, Lalor. Beginners/Intermediate 6.30pm, Advanced. 9pm. Alby 0418 319 415

LALOR/THOMASTOWN COMBINED PENSIONERS ASSOCIATION meet Wed. 1pm, 1 Spring St, Thomastown. Games, choir, day trips & fun. New members welcome. Lillian 9408 5579

LEISURE & LEARNING CLASSES & ACTIVITIES Whitt. Comm. House, - Art, book, photography, reading & music groups & more. 9716 3361

MEN'S SHED, WHITTLESEA at Sh'grounds, 30 Yea Rd. Open Mon, Thurs, Fri 9am-2pm. New members welcome. Pres: Phil Berchdolt Sec: Peter Bettes Postal: Box 87, Whittlesea 3757. 9716 0116 info@whittleseamensshed.com.au www.whittleseamensshed.weebly.com

MERENDA CHESS CLUB MV Community Activity Centre., 70 Mernda Village Dr, Mernda Thursdays 7-9pm, all ages all welcome

MERENDA COMMUNITY SINGING, Thurs. 6.30-8.30pm, at Laurimar Community Activity Centre, 110 Hazelglen Dr. Laurimar. Open to all. Kerry 0408 134 280 or Carolyn 0413 436 481 www.merndasingers.simplesite.com

MERENDA SENIOR CITIZENS CLUB Inc., Meet 1st, 3rd, & 5th Mon. 10.30am-3pm \$1.50 per head & a plate. CFA clubrooms, Schotters Rd. Lorraine Smyth 9404 8095, 0415 305 119

MILL PARK GARDEN CLUB, meet 3rd Fri month (except Dec, Jan). 1-3.30pm, Community Centre, Cnr. Mill Park Dve & Blamey Ave. (Mel. 10, A6). Guest speakers, mini show trade table, & outings. Chris: 9404 1554, Shirley: 9456 4135 email: chrishide@optusnet.com.au

MILL PARK LIBRARY - Media Conversion Workshops - Every 2nd & 4th Monday month, 1-2pm. Learn to convert VHS, Cassette tape, photo slides to digital.

MILL PARK LIBRARY - Discussions of the Unexplained. 2nd Wed. Month. 7-8pm. Come, discuss all things mysterious & unexplained.

MILL PARK RECYCLED TEENAGERS SENIOR CITIZENS Inc., Meets Tues, 1.30-4pm, Community Hall, Cnr. Mill Park Dve, & Blamey Ave. Activities include games, speakers, day trips & short hols. 9306 3495

MILL PARK SENIORS CLUB Inc. Meets every Wed. Community Centre, Cnr Mill Park Dve & Blamey Ave. Mill Park. 9am - 1.30pm Membership \$2 year, & \$2 weekly covers Tea, Coffee etc.. Indoor Bowls, billiards, Cards, Bingo, guest speakers, bus trips, heaps of fun. New members welcome, Patricia 9718 2773, 0418 508 238

MITCHELL BICYCLE USERS GROUP (MBUG) Runs a ride every Sunday 9am, unless stated otherwise. Beginners welcome. John Pyle 5787 1333 or www.mbug.org.au

MITCHELL BUSHWALKING GROUP, meets fortnightly, weekends. Mary 0428 479 469 Wayne 0451 519 734 mitchellwalkersgroup@gmail.com

MITCHELL MASONIC LODGE, meets 4th Mon. month, 7.30pm (Dec. 2nd Mon) at Masonic Centre, Murchison St, Broadford. Non-affiliated & affiliated members most welcome. The Sec. 5784 3223, further details, 1800 068 416

NATIONAL SENIORS GREENSBOROUGH BRANCH, Servicing Banule, Nillumbik, Whittlesea & surrounds. Meet RSL G'borough 10am, 3rd Tues. Jan, Feb, Apr, May, June, July, Aug, Oct & Nov. 6pm for March & Sept. Marlene Goodyear 9435 2529 greensboroughnationalseniors@gmail.com www.greensboroughnationalseniors.com.au

NATIONAL SERVICEMEN'S ASSOCIATION OF AUSTRALIA - NORTHERN DISTRICTS SUB-BRANCH, P.O. Box 1702, Preston, 3072. Sec: Michael Fahie 0403 225 609

NE ROADS SAFE SAFETY COUNCIL, meets 3rd Wed. Month. New members welcome. Help reduce road toll. Peter Bishop 9313 1189

NEST NATURE PLAYGROUP, meets during term, Bollygum Park in Kinglake. Wed. 10am-midday. Free play, songs, rhymes, morning tea & a story. All welcome. Mary-Anne 9716 7314. Weekly fee help costs. Sue Maslin, (K'lake Steiner Playgroup).

NILLUMBICK GARDEN CLUB, meets 1st Mon, month, 8pm at Melbourne City Mission Retirement Centre, Diamond St, Eltham. Club bench comp. Flower of Month, Trade table & supper. Chris: 9434 2023

NILLUMBICK PROBUS CLUB meets at Bridges Restaurant, Main St. Hurstbridge. 2nd Wed. at 9.45am. Tom Stirling, President. 9438 2038 or 0467 453 122

NORTH EASTERN BIPOLAR SUPPORT GROUP, Meet 2nd Wed. Month, 274 High St. Thomastown (Next to Bridgestone Tyres) Railway side of High St. Neville 0403 278 163

NORTHCREST CALISTHENICS CLUB, Classes Mernda Mechanics Institute Hall, Cnr. Bridge Inn & Plenty Rds. Mon., Tues., & Thurs. evenings. Justine 0409 429 016

NORTHERN VETERAN CYCLING ASSOC. INC. Provide cycle racing for women 30 & men 35+. Racing is mainly on Sunday a.m.'s and is graded. Criterium racing is at Campbellfield, handicap road racing is about 1 hour drive. We have a trial ride system so come along and enjoy your cycling. Albert Rain 0407 561 028 or Allison Watt 0438 010 530

NORTHERN BREAST CANCER SUPPORT GROUP, providing comfortable atmosphere for those affected, family & friends. Moral support, laughs & shared experiences. Meet 2nd Mon. month, 1pm, Northern Hospital. Morning tea at Epping Plaza near Aldi, 10am & in food court, meet last Mon. month. Unable to offer transport, but have fun outings. All welcome. Louise (Pres.) 0405 994 882 Christine (Sec.) tnbcsg@gmail.com

PAWS, Parent Association at Whittlesea Secondary College, 3rd Tues. month, 7pm, Conference room at WSC. pawsforparents@gmail.com

PLENTY VALLEY ARTS, LePage Homestead, Gordons Rd, South Morang. Welcome inquiry re: classes in Watercolour, Oil, Pastel & Pottery. Marilyn Schofield 0419 960 760 or Pam Ziedas 9848 4171

PRETTY SALLY GARDEN CLUB, Meet 2nd Wed. Month, 7.30pm, Bowls Clubrooms, Kilmore. Speakers, trade table, supper & club excursions. Helen 5782 0102, June 5782 1236

PROBUS CLUB Inc. SOUTH MORANG, meet Mill Park Baptist Church, 11 Morang Drive Mill Park. 2pm 3rd Tues. month. Elaine Cook 0409 655 095

RADIO LICENCE CLASSES, Join a fast growing hobby. Get licence to operate your own station. May take a single weekend plus the reading of a book. Barry Robinson, Amateur Radio Victoria, 0428 516 001 arv@amateurradio.com.au

ROSANNA PHOTOGRAPHIC CLUB, Meet 1st, 3rd & 5th Thurs. month 8pm, in Hall, St. Pius X Church, 431 Waterdale Rd, West Heidelberg, (cnr. Altona St.) (Mel.31.F2)

www.rosannaphotoclub.com
Secretary@rosannaphotoclub.com

ROTARY CLUB OF WHITTLESEA, Meet 1st & 3rd Mon. 6.30pm for 7pm, Whittlesea Bowls Club, Church St, Whittlesea. Lyn Prescott 0402 350 656 whittlesea@rotary9790.org.au

ROXVALE CALISTHENICS COLLEGE, Competitive, enrolling pupils all year. Classes held Greenvale, Tues. Thurs., nights.

Renae 5782 0506 or 0427 817 957

SAFETY HOUSE ENQUIRIES, 9775 0099, safetyhouse@bigpond.com

SEW HAPPY CRAFTWORK, Women, all ages, or skills. Tues, 10.10am-2.30pm, Creeds Farm Living & Learning Centre, Cnr Redding Rise & Snugburgh Way, Epping. \$3 ea., bring your own materials. Rose 8320 3973

SINGING GROUP, meet 2nd Thurs. 7.30-9.45pm, Wallan Multipurpose centre. Lead by professional choir leader, wide range music. Great fun & feeds the soul. \$15, tea, coffee, fruit, chocolate supplied. Sarah 5781 1950, Joanne 0419 564 915

SOUTH MORANG CWA NIGHT OWLS, 'Heritage Lakes' at Estia Nursing Home, Plenty Road Sth. Morang. Craft, 1st Tues. month, Meetings 3rd Tues. Month, 7-10pm Lyn 9435 6048

STRENGTH TRAINING or WATER EXERCISE CLASSES, Join this self help class. Plenty Valley Community Health, 9409 8724

THOMASTOWN NETBALL ASSOCIATION, looking for individual teams for Ladies Comp 2016. Tues. nights, RMIT (BNASC) McKimmies Rd, Bundoora. Cater all levels & culturally aware. Diane Ostovich 0402 279 608

UNITED BUDGERIGAR SOCIETY Inc., Pres: Vic Murray 0414 344 081, vic.murray@internode.on.net Sec. Eva De Rango 9816 3560, www.budgieunited.asn.au

ULYSSES CLUB, WHITTLESEA BRANCH, meet Sat. Mornings for coffee, catchup. Social club for motor cyclists 40+. Rides Tues. & Thurs. for lunch wkly as announced. Ron 9716 1642 ulyssesatwhittlesea@gmail.com www.whittlesea.au2.com

VICTORIAN COASTER COLLECTORS CLUB, meet 1st Sun. Mth, 12-3pm, Great Northern Hotel, Cnr Rathdowne & Pigdon Sts, Carlton. (Mel.29,K11) P.O. Box 281, Melton, Vic, 3337. Olive 9744 6094

VICTORIAN FARMERS FEDERATION - WHITTLESEA BRANCH, Meet 2nd Wed, Feb, March, May, July, Sept. & Nov., 8pm, DST & 7.30pm EST, Whittlesea Agricultural Society's Administration Building, McPhee's Rd. Bob or Joanne 9401 2880

VIEW CLUB PLENTY VALLEY supports Smith Family charity for children. Social group for women of all ages. Meet 1st Wed. Month for Coffee, Friendship. New members welcome. Lorraine Beasley 9408 3962

WACCA (Whittlesea Area Community Care & Assistance) meet 9.30am, 3rd Mon. every 2nd month, St. Marys Pastoral Centre, Fir St. New volunteers wanted, to help support community work, incl. Visiting people at home/aged care facilities, transporting people to medical appointments, sharing time, company & cuppa for those in need. Maureen 9716 2494

WANDONG HISTORY GROUP Inc. Meets on the first Thursday of the month at the Wandong Public Hall, 7pm. Contact: Secretary Di Vidal 03 5787 1314 E: wandonghistorygroup4@gmail.com

WANDONG/WALLAN LIONS CLUB, meet 2nd & 4th Wed. Month, Australiana Motel.

WATSONIA NEIGHBOURHOOD HOUSE, 47 Lambourne Rd, Watsonia. Is a place where art & community come together as an outward sign of the House's philosophy that aims to celebrate creativity in friendship, living & learning through community. 9434 6717, Mon-Fri 9.30am-2pm www.watsoniah.org.au

WATSONIA RSL, Pipes & Drums has vacancies for new learners on pipes & drums. Practice Thurs nights, Heidelberg Repat. Hospital. Sec. Ben 0407 821 023, or piper Bev 9435 2322(A/H) or watsoniansrslpd.com

WESTFIELD WALKERS, Friendly group, meet Tues. 7.45am outside Woolworths, Westfield Shopping Centre, McDonalds Rd, South Morang, followed by coffee & chat. **Janice 0412 132 914**

WHITTLESEA AGRICULTURAL SOCIETY INC. Presents the annual Whittlesea Show held on the 1st full weekend in November **9716 2835** or info@whittleseashow.org.au
www.whittleseashow.org.au
LIKE us on Facebook
<https://www.facebook.com/Whittlesea-Show>

WHITTLESEA ANGLING CLUB, meet 2nd Tues. month, 7.30pm, Royal Mail Hotel, Beech St. **0488 677 582** whittleseanglingclub@gmail.com

WHITTLESEA CHINESE ASSOCIATION (WCA), meet Wed. (except outings & term breaks) Community Hall, Library, Main St. Thomastown. 10am-2pm. Tai Chi & lots of fun Regina: **0432 267 557** or **Jessie 0421 639 819**

WHITTLESEA COMBINED PENSIONERS CLUB, meet 1st Thurs. month, 1pm, Activity Centre, Laurel St. Pres: Christine Evans, 0407 865 884 Sec: Nella Palmieri: **0433 114 960**

WHITTLESEA COUNTRY MUSIC FESTIVAL, Festival committee. **0434 398 805**
info@whittleseacountrymusicfestival.com.au
www.whittleseacountrymusicfestival.com.au

WHITTLESEA COMMUNITY GARDEN, meet Mon 9-12, Thurs 10-1pm. Lease a bed or share one. Gardening, Mosaics, art projects, workshops & friendship. Laurel St., next to Comm. Activity Centre. Megan: **9716 3361**
communitygarden@whittleseach.com.au

WHITTLESEA COMMUNITY CONNECTIONS, holds monthly Volunteer Information sessions, for those interested in being involved in the community. Sessions are free & open to all of community. Enq. or make booking Sarah **9401 6666**

BUS HIRE - Economical, for Community Organisations, available evenings & weekends. 12 & 24 seater buses. Must have appropriate license. Parry **0448 354 271**. **VOLUNTEER OPPORTUNITY** in local community. Practical & rewarding roles with community transport. Parry (03) **9401 6666**

WHITTLESEA COMMUNITY HOUSE, 92A Church Street, **9716 3361** www.wchi.com.au
Classes, groups, access to internet, computers & more

WHITTLESEA COURTHOUSE ASSOCIATION Inc., Meets 4th Thurs. Month 10am, Bowls club, 101 Church Street. **9716 1866** or **9438 2785**

WHITTLESEA CRICKET CLUB, juniors, aged 6-16yrs. Craig McDonald **9716 3224**, **0408 501 474**

WHITTLESEA CYCLING CLUB Inc., Interested in joining? **0431 599 156**, whittleseacyclingclub.com.au

WHITTLESEA DISABILITY NETWORK, meets 2nd Tues. month, 10-12noon, at Whittlesea City Council. Seeking new members, especially those with disabilities, families & carers. Stephen Bell, Co-Ordinator Disability & Carer Support, **9217 2429**

WHITTLESEA GARDEN CLUB, meet 1st Wed. morning Month, outside Cricket & Tennis Pavilion, Laurel Street. All Welcome, Various outings, speakers, gardens. Start time varies. Bev **9716 2461**

WHITTLESEA HISTORICAL SOCIETY Inc., Meet 3rd Sun. Month, 2-4pm, at Bowls Club, Whittlesea. Phone Dawn Allen (Sec.) **0407 342 036** for confirmation of next meeting.

WHITTLESEA INTERFAITH NETWORK is a group of like-minded people from many different faiths who wish to communicate, and learn from each other as fellow citizens. Meet Whittlesea Council Offices 4th Wed. of month, 1.30 - 3pm. Please contact Glenys on **9436 5581** or Nathan on **0412 237 972**

WHITTLESEA JUNIOR BASKETBALL ASSOC., Contact Club Secretary: basketballwjba@gmail.com Box 273, Whittlesea, Vic, 3757

WHITTLESEA JUNIOR FOOTBALL CLUB, Sec. Colin Newport, 0401 536 306
whittleseajfc@gmail.com
www.whittleseafc.com.au/juniors/2019

WHITTLESEA MASONIC LODGE, meet 1st Wed. Month, 7.30pm, (except Jan), Masonic Temple, Beech St. Garry Ewert **9716 2267** or **0414 692 835**

WHITTLESEA & DISTRICT NETBALL ASSOCIATION, NetSetGo(5-10yo), Juns(U9, U11, U13,U16), Sens, women & mixed comps held Wed & Thurs evenings, WSC stadium. New Players welcome. Email: wadna.membership@gmail.com

WHITTLESEA PHOTOGRAPHY CLUB Inc., Meet last Thurs. month, 7.30pm (not Dec.) Whitt. Fire Brigade Meeting Room, 11 Laurel St, W'sea **Kerrie 0407 822 139**
info@whittleseaphotographyclub.com

WHITTLESEA PLAYGROUP, meets Tues, Wed & Fri, 9.30am, rear 28 Forest Street. Offer access to educational toys, craft, excursions, outdoor area & developmental activities. Ages 0-4 **Melanie Hrzic 0430 091 303**
www.facebook.com/WhittleseaPlaygroup

WHITTLESEA & PLENTY VALLEY TOURISM ASSOCIATION Inc., Meets 2nd Wed. Month. Charles **9438 2785**, Barry **9457 6895**

WHITTLESEA PROBUS CLUB, open to new members. Social group, dining, tours, gardening, walking, theatre etc... Open to retired, semi retired people. Meet 1st Mon. month, 9.30am, Whittlesea Bowls Club. Andrew McCormick **9716 2429**

WHITTLESEA RSL, Sub branch. The Returned & Services League meet 3rd Wed. Month, 2pm, at Whittlesea Bowls Club. Seeking new members. Ned Pannuzzo **9745 2209**, Peter Crook **5786 2030**, Denys Potts **9716 1361**

WHITTLESEAMERS - Meet Fridays, 10am - 3pm, in Christ Church Hall, bring lunch, tea, coffee provided. Craft, patchwork, embroidery, crochet, knitting, etc... Contact Jenny **9716 0079** or Sandra **9716 0079**. Love to have you.

WHITTLESEA SENIOR CITIZENS, meet 1st Wed. Month, 1-3.30pm, activities other Wed., Community Activity Centre, 57-61 Laurel Street. John Peachey **9437 6235**

WHITTLESEA TABLE TENNIS CLUB, play Showgrounds, Wed. 7.30pm. Players of all ages & ability welcome. Les **0419 466 018**
www.wdttta.org.au

WHITTLESEA TENNIS CLUB, 8 courts under lights. Cater for all standards of comp. & Social players. Mens, Ladies day & night, mixed, juniors. Laurel Street. www.whittleseatc.com
info@whittleseatc.com **0439 355 877** Facebook for upcoming events. Coaching Toplinetennis.com Call, speak to qualified coach, David, Bayden or Ben. **0425 831 666**

WHITTLESEA TOWNSHIP CHOIR, join enthusiastic group singers, meet Mon. 1-3pm, Community House. **9716 3361**

WHITTLESEA TOWNSHIP GEORGE SHERWIN BANDSTAND Inc., Meet 3rd Wed month, 8pm, Whittlesea Courthouse Visitor information Centre, Cnr. Church & Beech Sts. Nesta **9716 1046**

WHITTLESEA U3A, Offers a large variety of educational, creative and leisure activities. Small annual fee enables member to any of 90+ activities, courses at Epping, Lalor, Mernda, Mill Park, Sth Morang, T'town & Whittlesea township. We are looking for new members & volunteer tutors. **9464 1339**, **0404 119 189**

WHITTLESEA WALKERS, meet Tues. 9am, DPV Health, Walnut Street, & Fri 9am Whittlesea Bowls Club, Church Street. All ages & abilities welcome, no need to book, just turn up.

YAN YEAN TENNIS CLUB INC., 'T.H. Hurrey Reserve', Plenty Rd Yan Yean. Isabel **9716 2037**, or Adele **9715 1198**. Any standard of player is welcome. Coaching & night tennis available. Doug **0438 566 588**

If you have a notice on these Community pages, please check it, and if it is out of date or no longer needed, notify Betty on 8401 3330
towncrier1@bigpond.com



BREAD TAGS, I am collecting those flat plastic bread tags for charity. If you could save them, then contact me when you have some for collection. I, and the charity will be most grateful. To arrange drop off in Mill Park email: nightirj@yahoo.com.au
Charity information can be found at: www.breadtagsforwheelchairs.co.za
Many thanks, Debra

BEANIES FOR SAILORS

The Baptist Church ladies of Burnie, Tasmania are seeking assistance with the knitting of beanies, warm scarves, booties etc.. for the Mission to Seafarers that cares for Seafarers throughout the world. These woollen items are sent to the large ore carrier vessels from all over the world that dock at Port Latta, a relatively remote port in north-western Tasmania. This is a closed port so seafarers are unable to come ashore, and greatly appreciate such comforts as can be supplied. They are not charged for these as it is regarded as a work of god. If you have a favourite pattern of your own, and prefer to use it then please do. A pattern for beanies can be found on the Town Crier website www.towncrierwhittlesea.wordpress.com

Knitting can be sent to
The Mission to Seafarers, Port Latta
c/- Marianne Whybrow
52 Oonah Street, Shorewell Park
Tasmania 7320
Phone 03 6433 3926

WOODSTOCK HALL

Are you community minded?
Would you like to join a committee
that looks after the popular
Woodstock Hall in Donnybrook
Road, Woodstock?

This is a community hall so your
participation or help would be very
much appreciated

FOR MORE INFORMATION
PLEASE CONTACT
LEN OR PAULINE LORD
0423 044 931

For all advertising
call Karen
9715 0674,
0410 324 326
karen_macetc@yahoo.com

CHURCH NOTICES

ANGLICAN CHURCH (Church of England)

Serving Whittlesea, Kinglake, & Upper Plenty
Christ Church: 5-9 Wallan Road, Whittlesea (Mel.
246, E9) Sun. Service: 10.30am Communion

St Peter's Kinglake: Cnr. Bald Spur, Whittlesea/
Kinglake Rds, Kinglake (Mel. 250, B4)

Sun. Service: 8.30am Mother Pirral Cliff

Priest in Charge, Parish of Whittlesea

Ph 9716 2042 Mob 0407 453 306

Church Office: 9716 2042 Website:

<https://www.whittleseakinglakeanglican.org.au>

Weddings/Baptisms: By appointment.

Services to the Community: Whittlesea Op. Shop,
7 Laurel Street, Whittlesea. Ph: **9716 3144** – Open
weekdays 10am – 4pm, Saturday 9.30am – 12.30pm.

Enq: 9716 2042

ANGLICAN CARE: is an innovative and progressive
quality provider of aged care services for more than
600 residents, offering a wide choice of options. www.anglicancare.com.au

ANGLICARE AUSTRALIA: a national network
of care and social justice agencies of the Anglican
Church. Provides assistance to needy families, youth,
children and aged. www.anglicare.asn.au

Jobs at Anglican Care: www.careerjet.com.au

ARTHURS CREEK UNITING CHURCH Contact
for Church Malcolm 9714 8220

CATHOLIC PARISH OF EPPING, EPPING NORTH

Parish Priest: Rev. Anh Nguyen

Parish Office: 13 Davisson Street, Epping

Ph: **9401 6300** Fax: **9401 6350**

epping@cam.org.au www.cam.org.au/epping

Schools - St Peter's Epping -

Principal: Kerry Miller **9401 1157**

St Mary of the Cross Mackillop Epping North

Principal: Geraldine Dalton, **8432 4500**

Glowsy Parish Primary Wollet, Principal: Tim Kelly

8579 6505. St Monica's Secondary College Epping -

Principal: Brian Hanley **9409 8800**

Mass Times: St Peter's Epping - 9.15am Tues-Fri,

6.30pm; Sat, 9am & 10.30am Sun

St. Mary of the Cross Mackillop Epping North

Saturday 5pm

Reconciliation: St Peter's Epping, Saturday 10.30am

Sacraments: Baptism: Office - **9401 6300**

Reconciliation, Eucharist, Confirmation:

Contact Parish office **9401 6300**

For prep. information for children who don't attend
our Parish Primary Schools.

St Vincent de Paul queries - **1800 305 330**

CHRIST THE LIGHT CATHOLIC PARISH OF KINGLAKE, MERNDA, WHITTLESEA

Parish Office: 48 Mernda Village Drive, Mernda

Phone: **9412 8493** Parish Priests: Fr Martin Ashe &

Fr Shymon Thekkalathungal

Email: merndawhittlesea@cam.org.au

Schools – St Mary's Whittlesea – Principal: Phillip

Smith **9716 2478** St Joseph's Mernda –

Principal: Marita Richardson

9717 6480 St Paul, the Apostle, Doreen – Principal:

Phil Doherty **9216 2000**

Mass Times: St Mary's Church, Main Rd, Kinglake,

Sun 8.30am St Joseph's Church, 1490 Plenty

Rd, Mernda. Weekdays: Wed & Fri 9.15am

Nazareth Centre 44 Mernda Village Drive, Sat:

5.30pm, Sunday: 8am & 10.30am St Mary's

Church, Fir St, Whittlesea. Weekdays: Tues

& Thurs 9.15am, Sunday 10am Individual

Reconciliation: 2nd & 4th Sat. 10am. Sacraments and

Baptisms contact Parish Office. St Vincent de Paul

1800 305 330

CORNERSTONE LIFE CHURCH (Wesleyan

Methodist) Pastor: Rev Marco D'Angelo **0413 141 122**

email: reverendmarco@gmail.com

Meeting each Sunday at 2pm at the Uniting Church

97 Schotters Rd, Mernda. A contemporary church

for all people. Kids Church for 5 years and up

Weekly groups: - Health and Well-being (Gentle

Exerciser) meeting 10:30am Fridays. Mid-week

group bible study. Please call pastor if interested

EVERYONE WELCOME

DOREEN BAPTIST CHURCH, Pastor: John

Edmonds **0417 568 576. pastor@doreenbaptist.org.au**

www.doreenbaptist.org.au

Services: Sundays, 10am at Laurimer Community
Hall, 25 Hazelglen Drive, Doreen 3754

*Warm welcome to all *Family friendly worship

*Children included Call Pastor for enq. or assistance.

DOREEN CHRISTIAN HOME FELLOWSHIP

Meets every 2nd Fri. at 8pm in Cookes Rd, Doreen.

Enq: Pastor Peter **0410 651 903**

DOREEN UNITING CHURCH (HAZELGLEN)

1030 Yan Yean Rd, Doreen. Meets 11am on

1st & 3rd Sun of month. ALL WELCOME

Minister: Rev. David Anderson

GREENVALE SEVENTH-DAY ADVENTIST

CHURCH. Meeting every Saturday morning, for

prayer, Bible study and friendship. 825 Somerton

Rd, Greenvale & Section Rd (Opposite Greenvale

Tennis Club) Pastor: Rod Anderson **0422 603 941**

rodanderson1844@gmail.com

Services every Saturday morning with accredited

teachers. Children's (Age suitable) Bible classes

10am. Juniors, Teens and Youth Bible classes/

groups 10am. Adult bible study groups 10am

Family Worship Hour 11:20am

INFINITY CHURCH, 5/9 Danaher Dr, South

Morang, P.O. Box 246 South Morang. Senior

Pastor: Craig Anderson. Service: 10am Sunday.

03-9437 7016, 0412 118 750

www.infinitychurch.org

NEW HORIZONS, WHITTLESEA

(Australian Christian Churches)

Senior Pastor: Ps. Shane & Millie Lepp

Ph. **9716 3057** Mobile **0418 526 773**

SUNDAY SERVICES: Venue: 28 Forest Street,

Whittlesea. 10am - Incl. full Children's Church

Youth Contact: Nat Stoner **0413 724 014**

Connect Groups: A variety of groups is offered in

the Whittlesea/Doreen area

Mainly Music: Whittlesea, Thurs 10am Contact

Christina **0400 441 972**

New Horizons Community Kitchen: Wednesday

12pm – 1pm, Church portable. Free lunch every

Wednesday. Great time of fellowship. For more

information contact church office on **9717 3057**

FAMILY FAITH CENTRE - Meets each Sunday

at 10.30am - 12noon in the PVAC Building, 160

Centenary Drive, Mill Park 3082 (Just off Plenty Rd)

LEGACY CHURCH, SOUTH MORANG (Austra-

lian Christian Churches). **Pastor:** Margaret & David

Baguley. **Sunday Service and Children's Program:**

10am Riverside Community Centre, Doreen Rogen

Way, South Morang. **Connect Group:** 11am Thurs-

days at 12 Barbers Dr, South Morang. **Mainly Music:**

10am Wednesdays. **Contact:** Margaret **0403 320 931**

E: contactlegacychurch@gmail.com.

Website: www.legacychurch.com.au

PLENTY VALLEY ADVENTIST CHURCH (A

Seventh-Day Adventist congregation) Cnr. Plenty

Road and Centenary Drive, Mill Park

Bible Study all age groups:- Sat 10 - 11am

Worship Service:- Sat. 11.15am - 12.30pm

PLENTYLIFE ANGLICAN CHURCH

Location: Hazel Glen College Child and Family

Centre, Cnr Eminence Blvd and Painted Hills

Road. We gathers on the 1st, 3rd and 5th Sundays

of each month from 10 am. On the 2nd and 4th

Sundays we gather in 'Community Groups' who

serve the local community in various locations

across Mernda and Doreen. To find out more

about our children's ministry, youth group or

Community Groups give us a call or drop in

some time, we would love to see you! For more

info. Craig Ogden **0430 505 593,**

craig@plentylife.org.au www.plentylife.org.au

PLENTY VALLEY UNITING CHURCH

180 McDonalds Rd., Epping Ph/Fax: **9408 0958** Min-

ister: Rev. David Anderson. Sun. Service & Sunday

School (Kidzone) - 9.30am followed by a 'cuppa'

ROSANNA CHRISTIAN CHURCH

19 Tyrone Ave, Macleod. "Not just a Church, more

like a Family" **Services:-** 10am Sunday

Lay-Leader **8364 0600, Sec. 8339 2534**

Affiliated with the "Fellowship of Evangelical

Churches of Australia" (FECA)

ST. PETER'S ANGLICAN CHURCH,

BUNDOORA, corner of Grimshaw and Monckton

Road (Opposite Aldi). **CHURCH SERVICE TIMES:**

Sunday 8am (Eucharist) and 9:30am (Sung Eucharist).

Wednesday 9:30am (Eucharist)

Every 3rd Friday evening service at 7pm

Visit website: www.stpetersbundoora.org.au for

details of activities. **Fr. Jobby John, Vicar**

ST JOHN'S ANGLICAN CHURCH, 789 HIGH

STREET, EPPING Sundays: 10am Eucharist.

Wed. 10am midweek Eucharist. For Christmas &

Easter services & other info, please check website:

www.epping.melbourneanglican.org.au

Contact: The Rev. Raffaella Pilz **9401 4118**

STRATH CREEK UNITING CHURCH FAITH

COMMUNITY, Ecumenical services held bi-

monthly. All welcome. Contact: Jeanette Tilley,

5784 9267. Email: Jeanette.a.tilley@gmail.com

THE CHRISTIAN CHURCH, 455 Epping Rd,

Wollert. Enquiries Inger **8457 9304**

Meeting Times: Sun, 11.30am or 7pm

Please enquire. Wed. 8pm ALL WELCOME

THOMASTOWN LUTHERAN CHURCH

Cnr. Mountview Road & German Lane, Lalor

Services:- 2nd & 4th Sun each month at 2.30pm

EVERYONE WELCOME

Manse **9435 6846, Office 9432 0824**

THE SALVATION ARMY WHITTLESEA CITY

Tuesday - Thursday Doorways Community Ser-

vices **9am - 3pm**

Tuesday Sew Beautiful Craft **10am - 12 pm**

Wednesday Little Kidzone Music (0-5 years) **10am**

3rd Thursday of Month Men's Fellowship

4th Thursday Month Girls Night Out

Saturday Bi monthly Women's Breakfast **8:30am**

Sunday Worship (including Kids Church) **10am**

Further info. Major Craig 0439 533 891

VALLEY PRESBYTERIAN CHURCH

Pastor: Richard Wilson **0427 331 327**

E: richard.wilson@vpc.org.au www.vpc.org.au

Meeting each Sunday at 10am at the Plenty Valley

Christian College, 840 Yan Yean Rd, Doreen.

A contemporary church for all people.

Kids Church includes programs for 4 age levels.

Valley Youth meets each Fri evening at 7:30 pm

Growth groups meet through the week. Kids

Holiday Club for children in the holidays.

WHITTLESEA/MERNDA PRESBYTERIAN

CHURCH - SERVICES - Mernda (1345 Plenty

Rd) 9.15am. Mernda Arabic service 1pm

Whittlesea (7 Lime St) 10.30am

Enquiries Rev. Botros Botrosdief **0401 967 468**

Contact: **Ross 0427 271 818**

Sunday School 10.30am. Enq. Adele **0466 429 910**

& Dianne **0422 319 459** ALL WELCOME

MERNDA UNITING CHURCH - 103 Shotters

Road, Mernda. Meets 11am on 2nd, 4th & 5th Sun

of month. Rev. David Anderson ALL WELCOME.

Enquiries re: Hall hire at Mernda contact Brendy

Stanley **9717 2336**

WHITTLESEA UNITING CHURCH

26 Forest Street Enquiries 9716 2330

Sunday Service: 10am.

Know Your Bible - Bible Study Mondays, 2pm.

Contact-Wendy Stokes **5783 1584**

W'sea Foodshare, Foodshare Shed behind Uniting

Church. Tues 12noon-3pm, Wed 11am-2pm Free

fruit/veg & bread, for those not so well off

Enq. Les Booth **0407 348 599**

Playgroup Church Hall 10-11.30 am Weds.

Enq. Jenice Stokes **9716 2479**

Ladies Evening Group (LEGS)

Monthly on 2nd Thurs night at 7.15 pm

Enq: Esther Kenyon **9716 2659**

Boyz Nights-monthly, usually 2nd Thurs night,

6.30pm Enq: David Kenyon **9716 2659**

**If your notice is no longer needed, out of date
or in need of updating,
contact Betty 8401 3330
towncrier1@bigpond.com**

Kinglake Ranges Neighbourhood House

03 5786 1301 | 0482 847 764
www.kinglakeranges.com.au
admin@kinglakeranges.com.au
6 McMahons Rd, Kinglake 3763



WHAT'S ON @ THE HOUSE

SEMESTER 2
PROGRAM
OUT NOW

LETSGETCREATIVE!

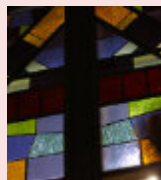
CLAY CLUB

Date: Tuesdays 19 July (17 weeks)
Time: 4.30pm – 6.00pm (8 - 15 yrs)
Time: 6.30pm – 8.00pm (15 yrs+)
Cost: \$85.00 for Semester 2
Materials and firing additional



LEADLIGHTING

Term 3: Mondays 25 July – 29 August (6 wks)
Time: 7.00pm – 9.00pm
Cost: \$80 Beginners includes materials
\$60 Advanced. BYO materials



DRAWING WITH JO

Term 3: Thursdays 28 July – 1 September
Time: 10.00am – 12.00pm
Cost: \$180.00 (6 sessions)



DRAWING for Kids 8-16 years

Term 3: Wednesdays 27 July – 31 August
Time: 4.30pm – 5.30pm
Cost: \$90.00 (6 sessions)

WINTER WARMERS

Join us on Monday's for a delicious homemade
two-course lunch for just a gold coin donation!

MONDAYS
25 JULY to 29 AUGUST
12.00pm – 1.00pm



BUZZ OF THE BEES

Date: First Thursday of each month
Time: 7.30pm – 9.00pm
Cost: \$3.00 per session



KNIT KNACKS

Date: Second & fourth Monday of each month
Time: 10.00am – 1.00pm
Cost: \$3.00 per session



LEARN LOCAL

XERO

Date: Wednesdays 13 July (8 Weeks)
Time: 6.00pm – 9.00pm
Cost: \$100 or \$80 Concession



HORTICULTURE

Date: Monday 11 July - 29 August (8 Weeks)
Time: 9.30am – 12.30pm
Cost: \$60 includes all materials



Do you have a green thumb and a bit of time to spare?

The Neighbourhood House is looking for someone to tend their community garden on a voluntary basis, 1 or 2 days a week, or whatever time you have to give. If you would like to help, please call the House on 5786 1301 or email Denise at: admin@kinglakeranges.com.au

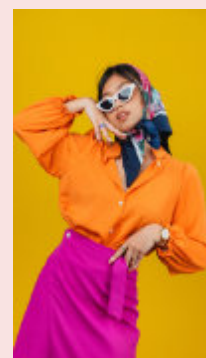
VOLUNTEERS NEEDED at the OPHOP!

Kinglake Op Shop needs more volunteers!
If you have an eye for fashion & love to sort through other people's treasures then the Op Shop needs you!

The Op Shop already has an enthusiastic, dedicated group of volunteers, however, we can always do with a few more! Half a day or one day a week, we need you! Ideally we would love to open on Sundays! We encourage youth 16 years plus to apply too! Training is provided.

For more information email:

laura@kinglakeranges.com.au or call 0482 847 764



Enrol @ www.kinglakeranges.com.au



WHITTLESEA

Stylish as new, 4 bedroom home on 1 acre
4000m² allotment, near new 4 bedroom home has covered entertaining with pizza oven, built in storage, modern kitchen with 1.2m wide centre island & full butlers pantry, meals/family area, separate lounge/theatre room, main suite with huge WIR & ensuite, 18 x 8 colourbond shed, 2.7m ceilings, side gate access, enormous backyard.
Price: \$1,190,000 - \$1,230,000
Contact: Susan Sinclair 0417 599 555

COMING SOON

KINGLAKE WEST

Sandstone brick, private location 4196m²
5 bedrooms, hardwood floors, 2 bathrooms, powder room, large separate living areas, covered alfresco, double remote garage, sealed road access, large shed 12m x 7m approx, 14Kw solar system, fresh water bore, dog run, SS AC, wood heater, loads storage, as new furnishings throughout, the list goes on.
Price: \$1,190,000 - \$1,250,000
Contact: Susan Sinclair 0417 599 555



PHEASANT CREEK

Prime site, enormous upside 8073m² (approx)
Corner allotment, views to Melbourne, amazing site perfect to establish business with current planning & building permit approval for: general store supermarket, petrol station, restaurant, take away, 80 seats, current liquor licence. Water bore, 24 on site car spaces, 3 bedroom home above business, 4 bedroom home on rear of property
Price: \$950,000
Contact: Jodie Thorneycroft 0438 861 288



KINGLAKE

Spacious living on a massive block, 5143sqm
In sought after Meadow Views Estate is this modern custom built contemporary brick & tile home with elevated street presence in a quiet cul-de-sac, 4 bedrooms, 2 bathrooms, double lock up garage with remote roller door, separate 6 x 10 colour bond shed with concrete floor, peaceful surrounding views.
Price: \$995,000
Contact: Jodie Thorneycroft 0438 861 288



CHRISTMAS HILLS

Work, lifestyle opportunity on over 82 acres
Improved pasture, 5 paddocks, cattle yards, spacious single level with 4 bedrooms, 2 bathrooms, granite kitchen, 2 spacious living zones, vast alfresco entertaining, separate 3 bedrooms, 1 bathroom, B&B, infinity pool, triple garage, machinery shed, hay shed and 5 dams.
Price: \$2,470,000
Contact: Richard Stepney 0408 347 930



KINGLAKE

Ideal family home
Spacious split level brick veneer, open plan living/dining/kitchen, new gallery style kitchen, SS appliances, polished concrete benchtops, 900 ml gas stove, WI pantry, sun filled sunken lounge, Split system, wood fire, quality carpets, high pitched ceilings, 5 spacious bedrooms, double garage, double carport, fresh water bore, 2 x 20,000 tanks.
Price: \$850,000 - \$870,000
Contact: Jodie Thorneycroft 0438 861 288



HURSTBRIDGE

Brand new single level living, central Hurstbridge
Stunning brand new home, ideal downsizer opportunity, 3 bedrooms with BIR, 2 designer bathrooms, spacious living/dining zone, adjoining alfresco deck, high end kitchen, stone benchtops, quality AEG appliances, hardwood floors, SS heating/cooling, carport, 2 minute walk to shops, cafes, train station and more...
Price: \$880,000 - \$950,000
Contact: Richard Stepney 0408 347 930



St ANDREWS

Immaculate, irresistible, in heart of town
2 bedroom home near central St Andrews, brick paved and timber floors, reclaimed materials, plush carpets, neutral decor, 2 mudbrick bedrooms, stylish bathroom, ducted reverse cycle heating/cooling, protective verandas, paved courtyard, large powered shed/garage/workshop/storage, walk to school, store.
Price: \$880,000
Contact: Richard Stepney 0408 347 930



HURSTBRIDGE

Garden paradise for the whole family!
Stylish updated family home on 680m², 4 robed bedrooms, 2 bathrooms, study, parents retreat, light filled living/dining, well equipped country style kitchen, quiet leafy locale, train station and village 600m, freshly landscaped gardens, multiple alfresco dining and entertainment options, fibre to the Node NBN, SS heating/cooling, double carport further off street parking and more...
Price: \$950,000 - \$1,045,000
Contact: Lorraine Grimshaw 0419 311 873

HURSTBRIDGE	784 Main Rd	9718 2222
KINGLAKE	Shop 1 Glenburn Rd	5786 1199
WHITTLESEA	39-41 Church St	9716 3300
DIAMOND CREEK	60d Main Hurstbridge Road	9438 5678